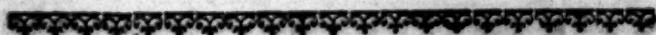




A
T R E A T I S E
ON THE
NERVOUS SCIATICA,
OR,
Nervous Hip Gout.



THE learned Baron *Van Swieten*, in his Commentaries on the Aphorisms of *Boerhaave*, takes occasion to mention and quote several passages from this Treatise; and bestows high commendations on it; and in his last volume *de Rheumatismo*, says,—*Cotunnus duas summas Ischiadis species distinxit; alteram in qua dolor, fixus in coxa ulterius non excurrit: alteram vero, in qua subiectum læsæ coxæ pedem continuo tractu propagatus attingit. Ultimam hanc Ischiadis Nervosæ nomen mereri judicavit egregius Auctor, cujus tractatus de hac re editus ab omnibus legi meretur.*

DE RHEUMATISMO, COMMENT. APHOR.
1494, p. 683.

(3)

A

Cotunnius,

T R E A T I S E
O N T H E
N E R V O U S S C I A T I C A ,
O R ,
N e r v o u s H i p G o u t .

B Y
D O M I N I C U S C O T U N N I U S , Phil. & Med. D.

LIBERTAS, QUÆ SERA TAMEN RESPEXIT INERTEM,
RESPEXIT TAMEN, ET LONGO POST TEMPORE VENIT.

VIRGIL. Buc. Ec. I.

L O N D O N :
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M.DCC.LXXV.

THE ATLAS

OF THE

NERVOUS SYSTEM

OF

NERVOUS HIP GOUT

BY

DOUGLAS COCHRAN, M.D.

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HENRY CRANTZ

TO THE

R E A D E R.

THIS anatomic-practical Treatise of that learned and ingenious Neapolitan Physician, Dominicus Cotunnus, (in which, amidst a number of useful precepts, he has pointed out a happy and radical method of cure for the disorders of the Hip) stands in no need of any praise, or prefatory countenance from me, or any other person; since the good wishes and prayers heaped on the Author, by the multitude that he has successfully freed, in this country, from so excruciating a torture, are more than sufficient testi-

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monies

monies of its merit. However, as I was unwilling my approbation should be totally silent, I could not resist the temptation, in this opportunity, of giving some small token of the reverence and esteem I bear that famous man; and also of my attention and regard for my pupils, who have impatiently waited for the publication of this Treatise.

TO THE
MOST ILLUSTRIOUS AND NOBLE
PATRONS, AND GOVERNORS,
OF THE
Great Neapolitan Hospital
OF
INCURABLES.

GENTLEMEN,

IN the course of those observations, which I made in the Hospital over which you preside, and which more particularly were directed to the investigation of that species of Sciatica, which so cruelly harrasses the patient, and so often

A 2 obstinately

viii DEDICATION.

obstinately resists expulsion from the nerves; I lately (as an opportunity offered for relaxation from that attention which I paid to the progress of diseases, for so many months in the present year) resolved to digest, and throw my remarks into a methodical order, and so present them to the public. For, imagining that they might in some measure be serviceable to mankind, I fought with eagerness, in this publication, for a pretence to be idle. But when I had prepared these fruits of my leisure hours ready for the press, I was unwilling that this my first offspring, born under your roof, should be sent abroad into the world, without your knowledge, and without the protection

DEDICATION. ix

tection and countenance of some illustrious patrons. For I was not a little fearful lest the number of shallow-minded men, abounding in the world, who are very industrious in stripping every composition of merit, should imagine that I was not solicitous in bringing you acquainted with it, as though I thought it could receive little augmentation of its consequence from your favour. This imputation would sit very ill on my shoulders, as, at this particular time, no heavier charge could be brought against me. For, amongst the motives which urged me to hasten the publication of this work, the most cogent, and what I had chiefly at heart, was, to prepare for myself an honourable opportunity

* DEDICATION.

of addressing you publickly, and by this, my principal work, overthrow the calumny of my enemies. For I should deservedly be reckoned the most ungrateful of human beings, if I did not endeavour to the utmost, to acknowledge publickly the lively sense I have of those favours I can never forget, nor ever repay. For I remember that from the time in which you nominated me to the office of Physician of your hospital (during the space of ten years) you have omitted no opportunity of laying on me additional obligations. But above all, I now, and ever shall remember your great kindness towards me, in appointing me, when I was scarce three-and-twenty years old, to that important province of
reading

DEDICATION. xi

reading lectures in the Royal Academy, to a select number of pupils in Surgery; a study that draws such multitudes to the hospital. Since, before me, no one was ever appointed by you, except a man distinguished above others for his learning; and since I, who was so young, was preferred before many famous men to this important trust, it is a sufficient indication of the notice you was pleased to take, not of my abilities, but my diligence and assiduity; in which I strove not to be outdone by any one. What care I have taken to prove myself not unworthy of this your good opinion, is not my province to exemplify in my own bare assertions,

xii DEDICATION.

as it is not in my power to corroborate them by the universal testimony of those pupils who have attended my lectures, either of such as belong to the Hospital or not. For all those who have attended, partly, the public and private lectures, which I have read for almost seven years; and partly the surgical and anatomical demonstrations in dissections, know very well what pains and labour I took, with a view to incite young minds to study, and apply themselves with diligence in their calling.

And, although these were not obscured, or hid from your penetrating knowledge, I yet often wished

DEDICATION. xiii

wished to produce some public testimony and monument of them before your eyes. For I can scarcely express how ardently I have wished to convince you, that I have strove to the very utmost of my power and abilities (would those abilities were such as not to fall behind your kindness and the dignity of my office!) not to disappoint entirely the expectation and good opinion you had conceived of me. This then was the chief reason that induced me to labour in the publication of this work, at a time when almost every moment was precious, and the most difficult employments lay on my hands. Though, indeed, many things may be found here appertaining principally to medical

xiv DEDICATION.

cal knowledge ; however, there are not few that relate to Anatomy, and that part of the *Ars Medendi* with which it behoves and becomes a Surgeon to be acquainted. Therefore, *Gentlemen*, if, amidst those employments in which you are engaged for the public good, you have any leisure to bestow your attention on this trifling monument which gratitude dedicates to you ; look upon it as a pledge of the sense of those obligations I am under, and let it not be destitute of your favour and patronage. Thus will it receive from you an additional authority, weight, and consequence, and be a lasting monument of my gratitude, and your kindnesses. And since the many
excellent

DEDICATION. xv

excellent services you render the public, shew clearly your prudence, and readiness to embrace every opportunity of doing good ; (to witness, that sumptuous and spacious burial yard which you enclosed on the outside of the city walls ; your regulations and institutions in the late epidemic disorder, concerning the rooms of the patients, the number of which you augmented ;) this little work of mine will testify what attention you pay to literature, and the Medical Art in particular. And may God long preserve lives that are of such consequence to the well-being of mankind, and grant you health to preside over a Hospital which your prudence regulates so well ! that, under that direction
which

xvi DEDICATION.

which has conduced to its improvement, it may reach the summit of perfection.

NAPLES,
The Fourth of the Calends
of December, 1764.



THE

T H E
P R E F A C E.

T O T H E
ILLUSTRIOUS AND LEARNED
Gerard Van Swieten.

IF all those who commence Students in rational Physic, would diligently endeavour to obtain a knowledge of the fabric of the human body, (a knowledge which cannot fail of being very serviceable, and instrumental towards the discrimination and cure of diseases) and would not suffer themselves to be led aside by prejudices, or idleness, nor follow studies that are remote, and tend in no ways to the advancement

advancement of their art ; amongst such a number of rational Physicians, we should not be so often at a loss for that right rule of practice which they boast of having obtained. But such is the prevailing fashion of the present times that most Physicians give into specious pursuits, and studies favouring of various hypotheses, and very few apply at all to the study of the human frame : and what is more shameful, very able professors in the Faculty one while condemn Anatomy in general, and another while accuse it of being vainly subtilized. Although I think these censures ought rather to be despised than confuted ; yet, I also think it is the duty of an honest man to stand up as much as he can against their prevalency. For there is some reason to fear lest such noxious opinions, bandied about from mouth to mouth, should gain some consequence by not being opposed, and be instilled into the minds of youth, who are naturally averse to study and labour ; and thus poison, and irreparably

irreparably injure the growing hopes and genius of the nation. For this reason I always highly valued the writings of those famous men, who have set forth the great advantages that may be reaped from Anatomical Studies, and the necessity of them, towards obtaining a right method of practice in Physic. I wish the example of such had been oftener followed, and such arguments produced as were not far-fetched, nor difficult to be understood, but rather obvious, and drawn from those methods of cure with which daily experience presents us. For such examples, when brought before our eyes, have great power in persuading, and leave a strong impression on our minds in the conviction.

It happens, therefore, very opportunely, that Anatomy presents me with a method of curing that frequent and obstinate disorder, the *Nervous Sciatica*; an instance very proper to exemplify how this science points out to us a successful method of
curing

curing the most obstinate, and even such as have been deemed incurable diseases. Upon which account, as I ardently wished for an opportunity to relax a little from my attendance at the sick rooms of the Hospital, I was willing to address myself to you, learned Sir, in this short commentary, which will not take up much of your time to read; that, whilst I am encouraging young men, by no trifling examples, to pursue the study of Anatomy, and promising them that no small advantages may be reaped from it in the practice of Physic, they should look up to you as a Medical Luminary, in which they may see a notable example of that most consummate knowledge in art, accumulated chiefly from a perfect acquaintance with the constitution of the human frame.

ON THE
NERVOUS SCIATICA.

I. IT is a thing very well known amongst Physicians, that the name *Sciatica* is given to that species of pain which seizes the hips about those parts where the thigh-bones form the joints; a pain seldom felt in both, but often in one, so as to render the patient lame on that side which it invests. This name is of a Greek origin, and is derived from the seat of the disorder; for the hip in Greek is called *ισχίον*; but I much doubt whether it was adopted by the Latins before the time of *Pliny* the elder*. For altho'

* Hist. Natural. lib. 27, cap. 1.

*Cato** has the word *Ischiacos*, yet *Celsus*, who was very accurate in his knowledge of the Latin names, which were affixed in his time to diseases, when he has occasion to mention this pain, chuses to call it *Dolor Coxæ*†.

2. The species of the Sciatica are various, according to the various parts in which the pain is felt; and altho', as hitherto, physicians have not discriminated between them so accurately as they ought; yet every one is separately to be distinguished and marked out by its characteristic symptoms, as each demands its proper treatment in the cure. The principal species of Sciatica that deserve our attention are two; one, where the pain is fixed in the hip, and extends no further; the other, where it runs along, as it were, in a track, and is propagated even down

* De Re Rustica, cap. 123.

† De Re Medica, lib. 2, cap. 8; lib. 4, cap. 22.

the foot, on the same side. Although, in the *former*, it is not only one part of the hip that is always affected, nor the pain produced always by the same cause; yet because it is generally felt about the joint, I think it would be properly termed the *artbritic Sciatica*. The *latter*, because it has its situation in the nerves which run along the hip, (notwithstanding it is by some called the *true*, as by *Prosperus Martianus**, and by others the *bastard Sciatica*, as by *Riolanus*†) I am of opinion ought to be called the *Nervous Sciatica*.

3. At present, I shall leave the *Artbritic Sciatica* out of the question. For I know very well that many very eminent men who have gone before me, have left nothing for me to say, either on its various causes, or various situations; to witness, those very excellent physicians *Mor-*

* In Hippocratis Librum de affect. Sect. 2, ver. 25, pm. 166.

† Enchirid. Anat. lib. 5, cap. 3.

*gagni**, and *Antony de Haen*†. I shall take upon me to speak only of the *Nervous Sciatica*, the principal causes of which lie as yet buried in obscurity. But I shall divide this *Sciatica* into two species. The one is a fixed pain in the hip, situated chiefly behind the great trochanter of the thigh, and extends itself upwards to the *Os sacrum*, and downwards by the exterior side of the thigh even to the knee: this pain seldom stops at the knee, but often runs on the exterior part of the head of the *Fibula*, and descends to the fore part of the leg, where it pursues its course along the outside of the anterior spine of the *Tibia*, before the exterior angle, and so ends on the *Dorsum Pedis*. The other is a fixed pain in the groin, which runs along the inside of the thigh and leg. The *former*, as it is situated in the posterior part of the hip,

* De Sedib. & causis Morb. per Anat. indigetis lib. 4, ep. 47.

† Rationis Medendi, lib. 4, cap. 4.

and

and arises from an affection of the *Ischiadic Nerve*, I shall call the *Posterior Nervous Sciatica*: the latter, which invests the fore part of the hip, and is propagated along the *Crural Nerve*, I shall term the *Anterior Nervous Sciatica*. I shall now, as briefly as I can, relate what discoveries and observations I have made, and what judgment I have formed on these two species of the disease.

4. To begin with the *Posterior Sciatica Nervosa*. I have observed that it is either *continual* or *intermitting*: sometimes it tortures the patient day and night, without any intermission; but more commonly remits now and then, and returns again at stated intervals. But it is common to both, to have the pains exacerbated in the evening; and the *intermitting Sciatica* generally begins its attacks at that time. In the attacks, the convulsion of the part is so great, that the patient is tortured with a sensation like the cramp, leaps out

6 . ON THE NERVOUS

of bed, as the warmth there encreases it, and flies to the open air for relief. In the beginning, this Sciatica is almost always continual, and intermits by degrees, as if it was tired. This intermitting, however, is oftentimes by far the most excruciating torture, and seems to pause from one attack, to collect and increase all its strength for the next. But as I have known many persons, who, from suffering a continual, have been attacked by an intermitting, I never once saw the reverse, or observed the continual preceded by the intermitting Sciatica; for then the disease would abate instead of encreasing, and the first attack be the most violent. However this may be; if the disorder remains a long time uncured, a *Semiparalysis* of the affected part will be the consequence, which is always accompanied with a great emaciation, and an insuperable lameness. From all the examples I can collect, I never saw a perfect palsy produced by this Sciatica.

5. As

5. As I observed all the symptoms accurately, I concluded the judgment I had formed was right; and that it consisted in an affection of the Ischiadic Nerve. Though chance has never thrown an opportunity in my way to prove this by the dissection of any person who died in this disorder, I do not in the least imagine that I am assuming a dubious state of the case, in pointing out its seat. For in this particular I am very well satisfied, both by my own diligent observations of the symptoms, as well as by the happy and absolute cures I have performed in consequence of them. If I am here deceived, I am happily deceived, and I am not very solicitous to be delivered from the infatuation, since in it I have such success with my patients. By the by, I think the physician, who after having diligently examined into the situation, and effects of the disorder, should deny that affection of the Ischiadic Nerves, could understand but little of the fabric of the human

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body.

body. For as to what relates to the seat of the disorder, this is so clear, that if the patient will but point out with his finger the track of the pain from the *Os sacrum* to the foot, we shall find him, like a skilful anatomist, tracing out the exact progress of the Ischiadic Nerve. That Hippocrates, from the track of the pain, calls it an affection of the crural vein, is excuseable, by reason of the ignorance of those times respecting the nerves: and that *Martianus*, after those learned men, *Joannes Riolanus* and *Fernelius**, had professed the truth, followed this opinion of Hippocrates, must be attributed to his ignorance of the circulation of the blood. For as he observed, in † a certain mason who was his patient in this disorder, that in the exacerbation of the pain, which happened in the paroxysms, all the veins that branched along the outside of the affected hip and leg swelled and puffed up

* *Enchirid. Anat. lib. 5.*

† *Pathol. lib. 6, cap. 18.*

wonderfully, and immediately upon the pain subsiding, totally disappeared, he concluded, that this manifestly proved the descent of the morbid matter by the veins of the leg. If he had known that it was impossible for the veins to be the conductors of the matter, and that the muscles of the affected part were so convulsed as to puff out the external lax veins by the constrained opposite course of the blood, he might have indeed been taught that this phenomenon could not in any shape prove this opinion of Hippocrates.

6. Not only the situation and track of the pain demonstrate that the seat of the disorder is in the Ischiadic Nerve, but likewise the various affections which follow prove it clearly. For the insuperable lameness that is sometimes the consequence of it, shews, that the powers of the muscles in moving the thigh and leg are weakened: but the power of those
muscles

muscles that maintain the free motion of the nerves, are not commonly weakened for a long time. For a Semi-palsy coming on, gives us a striking proof that the nerves are affected. It is usually accompanied with an emaciation, which distinguishes the torpor of the limbs arising from long inactivity, from that impotence which is brought on by wounding the nerves. Therefore, if the nerves of the hip in this Sciatica are affected, I do not see how it can be doubted that the Ischiadic, of all the nerves traversing the hips, as the pain is fixed there, is not the cause and seat of the disorder. In this nerve the pain is felt, in this nerve we are to search for the cause of lameness, and from its affection the origin of the *Semiparalysis* and *Tabes*.

7. But I would by no means have this *Tabes*, of which I am now speaking, confounded with the *Ischiadic Tabes*, which *Hippocrates* mentions in his book *De*

Glandulis. For this is a consumption of the whole body, which happens after the corroding humour has flowed into the joint of the hip, and considerably ulcerated it. For the hectic fever arising from that exulceration, brings on a fatal consumption on the whole body. But the *Tabes* that follows the *Posterior Nervous Sciatica*, comprehends only those parts that are seized by the pain: as it is neither attended with a fever, nor affects the other parts of the body, but may be borne without being fatal. And at this particular time, I have a man of seventy under my care, who, from having suffered the *Posterior Nervous Sciatica* a long time, has had his left leg emaciated for near thirty years; but is in other respects very healthy. He has still such a power of motion remaining in that leg, that he can walk tolerably well by the help of a stick. I imagine he owes this advantage, chiefly, to his having at that time a flux from the piles, from which, every third month, although he is
of

of that advanced age, a great quantity of blood is discharged. The Ischiadic Tabes mentioned by *Hippocrates* is ulcerous, total, and fatal: and arises from the Arthritic Sciatica: but the Paralytic, which is the consequence of the Nervous Sciatica, is partial, and of long continuance, without attacking life. To distinguish this Tabes from that which *Hippocrates* mentions, I shall call it the *Ischiadic Atrophy*.

8. If therefore the seat of this Posterior Nervous Sciatica is in the Ischiadic Nerve, it remains to enquire, what cause begets this affection of the nerve, and what part of the nerve it invests, and whence derived. For it seems to be an acrid and irritating matter, which lying on the nerve, preys on the stamina, and gives rise to the pain. Nor can it be doubted that this matter occupies the cavities of the nervous Stamina, as they are full of a humour which they receive from the brain, and which cannot be acrid when the fountain

tain is uncorrupt. Therefore it seems to pass between the nervous Stamina, and to be contained in the cellular Vaginæ that enclose them. From whence this matter is derived, seems no easy question to be resolved. For from what fountain can this humour flow into the Vaginæ of the nerves, when it appears that the acrid matter of the Sciatica can join itself with it? For this purpose there are supposed to be two fountains; for from the hollow of the spine, from whence the Ischiadic Nerves branch out, it is supposed to be possible for some humour to flow into their Vaginæ; and indeed it appears that no small quantity of vapours may be accumulated from those very small arteries which pervade these very Vaginæ. It will therefore be better if we examine, a little more accurately than has been hitherto done, these fountains, from which the humour arises that flows through the Vaginæ of the Ischiadic Nerves; that we may determine upon some sure grounds, whether

ther that acrid matter which causes the pain can possibly descend to the Ischiadic Nerve.

9. At first, therefore, it is necessary to premise, that the hollow of the spine, which, from the great *Foramen* of the *Occiput*, reaches to the extremity of the *Os sacrum*, through which the spinal marrow descends, is larger in men than in other animals; for it is so large, that it not only affords a convenient passage for the marrow, as it does in other animals; but although the marrow, in proportion to the brain, which is larger in men, is also fuller than in other animals; the capacity of the spine far exceeds the size of the marrow; so that around the marrow descending in the spine, there is a considerable space remains. This space is not entirely void of matter; for through it descends the *Dura Mater*, which being formed into a tube, from the great *Foramen* of the *Occiput*, incloses the spinal marrow

marrow like a sheath. This tube of the Dura Mater is not so large as to touch the surrounding enclosure of the spine on all sides, nor so narrow as to embrace the included marrow closely : but it is somewhat distant from the hollow of the spine, chiefly backwards towards the seat of the spinal *Apophyses*, and is separated from the *Ambitus* of the enclosed marrow by a considerable space. These two spaces, when a man is in health, are not empty, but each is filled with a matter peculiar to itself ; for all that space, which is between the Dura Mater and the enclosure of the hollow of the spine, is always filled with a cellular kind of substance, replete with a soft and fluid kind of fat ; in the room of this, in consumptive persons there is a mucid *vapour*, and a true mucus in drop-sical persons, and in fœtuses suffocated in difficult labours, a sanguineous *vapour*. But, also, all that space which is between the Vagina of the Dura Mater, and the spinal marrow, is always found to be filled, not

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as some eminent men imagine (because the fact is as yet immersed in obscurity) by the marrow itself, which is more full in living, than in dead subjects, nor by a thick vapour; but with water, like that which the Pericardium contains about the heart; or such as fills the hollows of the ventricles of the brain, the labyrinth of the ear, or other cavities of the body, which are impervious to the air.

10. This water, which fills the tube of the Dura Mater even to the *Os sacrum*, does not entirely enclose the spinal marrow, but even abounds in the cavity of the skull, and fills all the spaces which are between the brain and the *ambitus* of the Dura Mater*. Some of these spaces are always to be met with about the basis of the brain; and it is not uncommon to find a considerable space between the *ambitus* itself of the brain, and the sur-

* Conf. Sternutament Physiologiam, fig. 1, 57, 62, 137.

rounding

rounding Dura Mater. This is principally to be found in consumptive persons, and old men. In such the brain is found to be considerably wrinkled up, or contracted; and that which the skull, naturally, can hardly contain, is hardened by old age, or the power of the consumption, and gradually diminished in its size. But here, as much as the brain diminishes in its size, so far is it withdrawn from contact with the Dura Mater, and whatever space is left between, is all filled up with a watery vapour; therefore, in the dissection of old men, and consumptive persons, if we carefully open the *Fornix* of the skull, and stir the sound Dura Mater in any part, we shall find a watery stream immediately burst forth, and when this is exhausted, see the whole fall relaxed upon the brain, and wrinkle up. This does not only hold true, in regard to the brain, but also to the spinal marrow, which in the same subjects is smaller, and leaves a larger space between itself and the Dura Mater, which the water occu-

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pies;

pies; so that it seems we may lay it down as a certain truth, that the space which is filled with water around the spinal marrow in men, encreases by age; for this space, which is not to be found in a foetus, where the marrow is embraced by the tube of the *Dura*, especially in the neck, increases by age, and grows considerably large.

II. The reason that anatomists have never yet observed this collection of water about the brain, and in the spine, is owing to the common preposterous method of dissecting; for, when they are about to examine the brain, they commonly cut off the head from the neck; by this means the tube of the *Dura Mater*, which descends by the spine of the neck, being cut through, all the water that is collected about the brain, and the spinal marrow, flows out, and is foolishly lost; so that, when the skull is opened, all the spaces between the brain and the *Dura Mater*, which were before filled

filled with water, are now found empty, and deceive the anatomist with the appearance of empty cavities, which, perhaps, some dissipable vapour filled. Here then, nothing scarce at all is to be found, either in the cavities at the base of the skull, or in the chief vaginal sinus's of the Dura Mater*, to prove that they were occupied before by some fluid. So that, by this irrational method of dissecting, all the fluid collected around the marrow and brain being lost, air enters in, and supplies its place. This is the reason, that, in examining the brain, we find a number of little bubbles of air, under the *Membrana Arachnoides*, on the top of the *Sulci* or furrows of the brain. The number, indeed, is greater, or less, in different subjects, according to the greater or less distance or partition of the *Pia*, and *Arachnoides* membrane. To these partitions there is an open passage, where the *Arachnoides*, in its descent to the

* Conf. de Aquæduc. auris humanæ internæ, 75, 76.

spine, make its greatest recession from a contact with the Pia Mater: through this passage, on cutting off the head, as the fluid of the *Sulci* of the brain flows out, the air rushes in and occupies its room. Therefore, in those heads which I have carefully opened, without separating them from the trunk, I never found these little bubbles of air under the *Arachnoides*.

12. As, therefore, such a collected fluid may be plainly observed about the brain, and spinal marrow, we must carefully make the following experiments. Let the head of the undivided body be put into an erect position; the integuments being dissected, and the bones bared, proceed to separate the bony *Fornix* of the skull, by an horizontal section. But in beginning thus, great care must be taken in cutting the bone, or separating it, not to perforate the adjoining Dura Mater. If this rule is observed; when the bone is taken off, if it be the body of an old
man,

man, or consumptive person, we shall find, wherever it is pricked, that water will flow out: if not, it will appear to be exactly filled with the brain. But after this, let the Dura Mater be dissected, and the brain bared, and then it will plainly appear under the *Arachnoides*; where not the smallest bubble must make its appearance. After this, lift up gently the anterior lobes of the brain, and you will see each of the cribose cells of the Ethmoides abounding with water: and, upon raising the rest of the brain, you will find, at the conjunction of the optic nerves, and the sides of the oval protuberance, all those parts, that in decollated bodies are found empty, full of water. This water may fill the vaginal Sinus of the fifth pair, and the whole auditory Meatus. All that space that is around the trunk of the *Medulla oblongata* is filled with water; and if, after the trunk is cut through, the *Cerebrum* and *Cerebellum* be taken away, and the body put in an erect position, the tube of the Dura

Mater will be found to be exactly full of this water all around the spinal marrow. After this, if you cut through any of the Vertebrae of the loins, and the lower part of the tube of the Dura Mater, where it embraces the *Cauda equina*, you will find a limpid stream flow out, and the water that was before observed around the spinal marrow will gradually descend, till it is all emptied by the aperture at the bottom. If you open the Vertebrae of the loins before the head is touched, and cut the enclosed tube of the Dura Mater, a great quantity of water will burst out, and after all this spontaneous flux of water is spent, if you lift up the head, and shake it towards the aperture, a more plentiful stream will burst out, as if a new fountain was unlocked. In these experiments, which I made on the bodies of near twenty adults, and which I repeated at different times, I could draw off freely from the hollow of the spine, four, and even sometimes five ounces of water: I commonly found it very clear in such subjects,

jects, although it sometimes inclined a little to a yellow colour; but in fœtus's strangled in difficult labour, little as it was, I observed it to be always red, and opaque.

13. It may not be absurd, indeed, to entertain some doubt whether this quantity of water about the brain, and the spinal marrow, is not in consequence of a man's death; and whether a man, when living, has not these spaces empty, or filled with a kind of vapour, or more turgid marrow. But I think we have not much reason to imagine there are void spaces in living, when these spaces are found full in dead subjects; for the law of nature tells us the contrary, — *Nuspiam vacuum in animantium esse corpore, in quo quicquid libere exterior aër solidumve non replet, impleat humor*;—and that there can be no void space in the bodies of living animals, for if a space is not occupied by some solid substance, or is impervious to the air, it must be filled with some fluid.

Neither, if we suppose a vapour to occupy these spaces in living, can it seem very probable, that it should be so condensed in dead men, as to fill them entirely with water. But besides, the dissection of some living animals confirms me in my opinion, that this water which we doubt of, is also to be found in a living man; for in those fishes which I have dissected when alive, or immediately after death, (and especially in the sea-tortoise of about fifteen pounds weight) I have found the brain to be very small, in proportion to the skull, and a considerable space remaining on the inside between them; and it appeared that all this space was filled with water all around the Medulla Spinalis, which took up the other part of space remaining. But I did not find it to be the same in living dogs, or flying fowls, as the brain and spinal marrow here were so large, whether the subjects were alive or dead, that the cavity in which they were contained, was entirely filled up. But though these animals were not so proper

per to prove the existence of the fluid, yet they exhibit a clear proof that the brain and spinal marrow are not diminished in their size by death. Although there are some who imagine that the spinal marrow is larger in life, and that it is sufficient of itself to fill up all the surrounding space: they ought, however, to take notice, that the branches of the nerves, proceeding from the spinal marrow, which in a dead body run along that space unfolded, would, by their supposition, be entangled, and compressed in a living subject. All that space, therefore, which is around the spinal marrow, is filled with water naturally, and in this respect, a dead body varies little, or nothing from a living one.

14. But it seems a wonder that many famous men, who have diligently examined the fluids of the cavities of the human body, should pass over in silence, or have taken no notice of this large and capital cavity

cavity of the spine, which abounds so plentifully with a fluid. It seems beyond a doubt, that this fluid of the spine, as well as every other that moistens the rest of the cavities of the human body, oozes out from the extremities of the small arteries, and is again resorbed by the small inhaling veins, so as to be in a continual state of renovation: I myself can entertain no doubt of this, as I have before proved experimentally * that some of the inhaling mouths of the small veins of the *Dura Mater* opened upon the internal surface; of the truth of which *Abraham Kaavius*, the grandson of the illustrious *Boerhaave*, formerly doubted †. But I have no doubt ‡ that the great Physician *Haller's* opinion is founded on fact; that those waters, which the ventricle of the *Cerebellum* received, either from the greater ventricles of the brain, by the *Lacunæ*, or *Sylvius's* aque-

* *Aquæd. auris, &c.* 96.

† *Perisp. Diet. Hip.* 173.

‡ *Elem. Phys.* 778.

duct,

duct, or the proper exhaling arteries, were afterwards mixed with those of the spine; as here, their perpendicular position, and the free passage that is about the cavity of the spine, sufficiently prove to us that there is a defluxion of humours to the spine.

15. Neither does that coagulating quality, which is commonly attributed to the waters of the ventricles, and which, by my experiments, is not true, respecting that of the spine; contradict the mixture of the water of the brain, with that which is about the spinal marrow; for if experiments were properly made, the coagulating quality would be found to be the same both in the water of the brain and spine. But the water of the spine, when put over a fire, does not concrete; for in placing over the fire two, three, or four ounces of this fluid, which I had taken from dead bodies (and this at seven different trials, as I find in my commonplace book) it always boiled and frothed up,

up, with a smell very like that of hot flesh broth, but by degrees evaporated, and vanished, without the least signs of a coagulum. In the same manner the little quantity of water I have taken from the greater ventricles of the brain, exhibited the same appearance*. *Bellini* tried the same experiment with the same success; he observed that the water of the brain soon grew hot, and entirely evaporated, so as not to leave the least remains on the vessel in which it was contained. *Brunner*† also confirmed this by some experiments which he made; for, *in evaporating it, he saw it covered over with a kind of film, not a white concretion, as is generally found in water.* *Boerhaave*‡, as well as the famous *Antony de Haen*, lately made some experiments similar to these ||.

* De Motu cordis, 12.

† De glandula pituit.

‡ Prælect. ad Instit. med. 274.

|| Rationis medendi, parte 4, cap. 5, p. 216, Vindob. 1760.

16. I do not see how some eminent physicians, in so clear a case as this, can prefer some few experiments, that have not been sufficiently repeated, nor sufficiently understood, concerning the fluid of the ventricles of the brain being coagulable, to the assertions of such famous men, and the experiments I have made; relying on this principle, *That as by some experiments we are told a fluid will coagulate, and by others that it can be evaporated; we ought rather to give credit to the former, as delay and putrefaction may render a fluid evaporable, but no chance render it coagulable.* For humours, when in a state of putrefaction, are stinking and turbid, and never limpid and inodorous: but I always chose such fluids, of the ventricles of the brain, with which I made experiments, as were transparent and inodorous. Nor is it, indeed, true, that an animal fluid may lose that coagulable nature which it possessed, nor true that it can never acquire it; for, on the contrary, in the bodies of animals, a fluid
which

which has not a coagulable nature, may easily acquire one, but not easily lose it when acquired. If no fluid loses that quality, but in a state of putrefaction, which cannot be effected easily, nor happen when it is transparent and inodorous; it may yet acquire a coagulable nature by the slightest cause, and preserve its transparency: so that, if some experiments prove the coagulable nature of any transparent fluid, secreted from the blood, and others entirely disprove it, we should rather believe that the latter shews best the natural state of the fluid*. For the fluid

* Because the fluids of the ventricles, with which Cotunnus made his experiments, cannot be supposed to have acquired an evaporable quality, for the several reasons he has urged, in its being inodorous and transparent. Besides, as he has also proved that the fluids of the human body may be rendered coagulable by the most trifling causes, this delay, which may with the same shew of reason be attributed to the one as the other, as well as the putrefaction its consequence, can be retorted as arguments against the coagulists; and the fluid evaporable in its natural state, from being exposed to the air, and various other causes, can be supposed to have been rendered coagulable.

may easily become coagulable without being so naturally, or losing its transparency, or being inodorous; but it most undoubtedly cannot lose its coagulability, without losing both these properties. This may be proved experimentally, for I have often observed that all watery fluids, which flow from the blood into the cavities of the bodies of animals, and are not naturally coagulable, have acquired that quality without growing turbid. If I had a mind to demonstrate this in a particular manner by examples, I see I should be obliged to undertake, very unwillingly, two things: first, to bring such experiments upon the carpet as I had designed more opportunely for another work; secondly, as the nature of the experiments will throw the necessity on me, to dissent, in some measure, from the opinions of some learned men, whose maxims I would rather chuse, if possible, to follow and adopt. But that I may not seem to detract from the truth, I shall just touch on this subject. I, therefore, will shew that

that all the fluids secreted from the blood in a human body, which are naturally not coagulable, are commonly rendered so by various causes, without being made turbid. I will begin with the urine, which is supposed in general not to be coagulable, and yet, in some experiments, which I shall mention by and by, I have observed it acquire a coagulum.

17. There was a soldier of about eight-and-twenty years of age, who, for a great part of the summer, was stationed at the swamps of Bajæ. About the end of August he was seized with a quotidian intermittent fever, and on the fifth day he had a wonderful eruption of intercutaneous water. About the beginning of September he was sent to the hospital of incurables, and put under my care. At this time, besides an enormous watery tumor over his whole body, he laboured under a quotidian fever: the dropsy, under the attacks of the fever, seemed to encrease every day. He was costive, somewhat
thirsty,

thirsty, his tongue was covered with a whitish mucus, he had the greatest depression of spirits, and his urine was very little; so that I thought it best to attempt first to baffle the fever, as a thing that caused and encreased the dropsy, and then to attack the dropsy itself. The first day, therefore, I gave him a drachm of the roots of ipecacuanha, to excuse and throw off the *Fomes* of the fever, which lurked in the *Primæ Viæ*: this caused him to vomit some mucous matter mixed with bile, and gave him two stools. The following days I gave him some doses of the bark, with rhubarb; so that, by being kept open, the fever decamped; but the dropsy still remained. Upon giving him, at first, a drachm of the pills of squills every day, and making him drink a decoction of sassafras for a diuretic, the cure seemed to be very forward. But after some days his pulse seemed constantly to grow quicker, his stools somewhat more frequent; but his urine was very little, and his hydropic tumor spontaneously encreased.

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I then was inclined to believe, that, this prodigious dropfy, which the violence of the fever first raised, was rather encreased by those sharp strengthening diuretics, and the fever brought on again. The opinion that I had formed, I have since found supported by many similar cases, as well as in the piles; as I was not successful in some other attempts to cure this dropfy: all which I may, perhaps, explain in good time. Now, therefore, I resolved to try what *Cream of Tartar* would do, as I had often found before that it provoked urine without any great acceleration of the pulse. I began to give him the quantity of half an ounce in the morning, every day, dissolved in a considerable quantity of the decoction of Germander. The quantity was so encreased by this remedy, that the patient voided every night ten or twelve pints of high-coloured urine. But as the patient himself confessed what he drank was much less in quantity, it is beyond a doubt that this prodigious quantity of
urine

urine was drawn off, in a great measure, from those waters which caused the dropfy. Although the decreafing tumour manifested this plainly, I yet thought proper, by placing the urine over a fire, to prove it experimentally; for, as I knew that the intercutaneous water, which I had observed in the bodies of fuch as died of the dropfy, contained a coagulable matter, I was induced to hope, that, if the patient had voided any fuch water by urine, the coagulable matter, which abounded there, would be fhewn by the fire. This was proved, experimentally, to be as I imagined; for, on placing two pints of the urine over the fire, when one half was evaporated, the other formed itfelf into a white mafs, like the foft white of an egg when boiled. This experiment was repeated until the flux of urine ftopped; and my pupils, who were prefent at the firft experiment, proved the fame thing by repeated experiments. Nor have I found this matter, which coagulates at the fire, in the encreafed urine of drop-

fical persons alone; but (though not in so considerable a degree) even in the urine of such as have been troubled with a Diabetes. It is therefore, in the first place, evident, that urine, which is never coagulable in healthy people, in particular cases may be proved to be so experimentally.

18. Now, I have not only observed the urine, which is not naturally coagulable, to be so, but that all the fluids (not naturally coagulable neither) which are contained in the cavities of the human body, have acquired that quality by the power of some disorder. In asserting this, I see, very well, I shall draw all those on my back, who assert that the fluid of the cavities are naturally coagulable. But I would entreat all such, by the love they bear truth, to suspend their judgments a-while, until I lay before them those experiments I have made; and beg them to enquire carefully themselves, again and again, into this subject; for I am pretty well

well assured, since they are very learned men, that they will, in a short time, hold the same opinion that I do ; That all the fluids contained in the various cavities of the body are not naturally coagulable; and if at any time they are so, that it happens *præter Naturam*. As I have already proved this, respecting the waters of the spine and brain, it remains to confirm it by the fluids of the Pericardium, the Breast, the Abdomen, and the Vagina of the Testes. The fluid of the Pericardium, if transparent and thin, (that is natural) when exposed to the fire entirely evaporated, and shewed no signs of a coagulum. This I proved by a number of experiments, not only with that which I took from the bodies of men, but even from living dogs. Nay, more, in a fœtus after nine months gestation, where one would not be led to suppose the secreted fluids were pure; when I have found near an ounce of a sanguineous fluid in the Pericardium, it all evaporated at the fire, excepting a little froth, like that which is seen on flesh

broth; which Crassamentum seemed not to belong to the fluid, but to have been derived from the blood. But the fluid which I took from the Pericardium of a foetus after six months gestation, and which was very yellow, when exposed to the fire, became gradually a mass of mucus, rather than coagulum. However, that which I took from living dogs, dissected for this purpose, always evaporated at the fire, without leaving the slightest remains behind. As I look upon those experiments which I made from living animals to be of great consequence, I would therefore lay some stress on them, towards clearing up this matter; as the fluid here was the genuine fluid of the Pericardium, without a defect, which might be suspected not to be the case in a morbid dead body. I give no heed to what either *Lower**, or *Lancisius*†, or *Kaavius*‡ say, where they seem to assert

* De corde 1, p. 69.

† De Motu cordis, cap. 5.

‡ Persp. Diet. Hip. p. 316, 317.

that

that the fluid of the Pericardium is coagulable; for nature would teach me to disregard the documents of the most learned men; as, without her testimony to corroborate them, all their assertions are futile and vain. If the authority of my experiments is not sufficient here, and it is necessary to call in the testimony of others, I shall pitch on *Malpighi*; who, in making an experiment with the fluid of the Pericardium of an ox, observed it all evaporate by the gentle heat of a fire, and leave only a very thin crust behind; and found that four ounces of this fluid, placed in a pan over the fire, evaporated, without boiling, within the time of half an hour, and left a thin red crust behind, which, in smell, was like boiled flesh*. I wonder how *Kaavius* could take these experiments of *Malpighi's*, which were similar to mine, pervert his words, and change them, without ceremony, to

* De Structuræ Glandularum cong. pag. 7.
edit. Lond.

his own language, to corroborate the opinion of those who assert the coagulability of the pericardial fluid: as if it was sufficient to prove its coagulability, that he says, after it all evaporated, *tenuissimam in fundo vasis, gracilemque crustam relinquat*; it left in the bottom of the vessel a very thin and slender crust. Such a crust as this, is left by simple stagnated water when evaporated; much less then shall that fluid leave one, which is secreted from the blood, and which one would suppose the purest part of it, and of a distinct nature from water.

19. The fluid also of the breast, if it is little in quantity and pure, evaporates in the same manner at the fire, and shews, as the others, its watery nature. This was also the case with the fluid of the Abdomen, with which we had opportunities of making experiments of tener, as it is more frequently to be met with, than the fluid of the breast. However, I always entertained some doubts concerning the abdominal

abdominal fluid, whether its not being coagulable was owing to its being a natural fluid, and consequently ayerse to a coagulum; or to the putrid exhalation of the intestinal faces of the body, with which, if we may judge by its foetid smell, and milky muddy appearance, it seems impregnated. But the fluid which I took from living dogs seemed to clear up this doubt; for, when exposed to the fire, though it was fresh, transparent, and almost inodorous, and seemed to have no defect whatever, it totally vanished, without leaving any thing behind. The fluid of the Vagina of the Testes did the same; however, here, an incautious person may easily make a mistake; for, in the Vagina of the Testes are commonly contained some few drops, (if the fluid be natural) which entirely vanish at the fire; but when it is a little more in quantity, then as much almost as is found above the usual quantity, so much forms a coagulum at the fire. And we find that this fluid, in the Hydrocele, almost all coagulates at the fire.

20. This

20. This fluid of the Vagina of the Testes is not the only one of the human body that exhibits a mixture of a coagulum, when it exceeds its natural quantity : but the fluid of the brain, the spine, the breast, the pericardium, abdomen, and all, when exceeding their usual natural quantity, exhibit the same. This is so manifest, that, even in one and the same subject, the fluid I took from one side of the breast evaporated totally at the fire ; but that which I took from the other, where it was above the usual quantity, was full of a coagulum. This thick fluid not only shewed itself, by its quantity being inconsistent with the nature of its situation ; but by its uncommon colour ; for it was yellow, and very different from that pure watery decoloration, where there is no mixture of a coagulum. This coagulum mixes with the fluids, contrary to the common course of nature ; therefore, wherever it is found, that fluid is morbose. Thus, in such as have an Hydrocephalos, the fluid of the brain and spine is contaminated ;

nated; as the waters are also coagulable in the dropfy of the Breast, of the Pericardium, Abdomen, or Vagina Testium. So that we must enquire the reasons why this fluid, which (in its natural state, is little in quantity, and of a watery kind) moistens the cavities of the human body, is blended with a coagulum, whenever superabundant, or of a yellow colour. These things, however, cannot be made apparent, unless I explain the origin of those fluids.

21. Fluids are the offspring of the blood. The blood itself, which is forced by the alternate strokes of the heart, by the arteries, through the whole body, is a fluid consisting of three parts; for the one part is red, and is formed of innumerable minute *Anuli*, as * the famous *De Turre* has proved to me experimentally; the other of a yellow cast, which con-

* Confer ejus Epistol. ad Nollatum. & neperius opusc. quod inscribitur, *Nuove osservazione intorno la storia naturale*, l. iv. 66.

cretes at the fire ; the last merely watery. The functions of the blood seem to require this variety of constituent parts ; for the blood is designed to nourish all the parts of the body, and to keep them warm and flexible. The serum, which is coagulable, serves for nutrition ; for it adheres naturally, like varnish, to the solid parts of animals. But this varnish of the blood is kept very fluid, for, otherwise, such a glutinous substance could not pervade the narrow vessels of the body, nor reach particular parts which stand in need of nutrition. This is performed partly by the heat, which those more solid red *Anuli* create in their rapid motion along with it ; and partly by the aqueous fluid, which is also blended with it ; and, by insinuating itself, lessens the adhesion of the particles, and also helps to render all the solids more flexible and supple. Thus the constituent parts, mutually assisting each other in their function, form that admirable animal fluid, which, at the extremities of the innumerable branches

branches of the arteries, is distributed with wonderful contrivance; for all the small arteries spread out still into smaller, each of which have a triple terminus: others pass by a continued track into the sanguiferous veins; these are larger: others open at their extremities in the interstices of the cellular Laminæ; these are more narrow: others, which are the narrowest, terminate with open extremities, either on the superficies of the skin, or cavities of the body. Therefore the blood, when it has reached those bounds of the arteries, passes entire, and, as it were, through the whole body, by the wider branches which lead to the veins; whilst the sero-aqueous part turns to the lesser branches which end in the cellular spaces; and the aqueous part, which is the thinnest of all, and calculated for such strait passages, penetrates alone through those very small ramifications which terminate on the superficies. In this division of parts, the blood scarcely loses any thing, excepting a little of the aqueous fluid; for the sanguiferous veins

take up the blood of the primary; and the inhalent lymphatics that of the secondary branches: but the fluid of the ramifications of the third order entirely evaporates: and this vapour, if the superficies on which the ramifications terminate, be exposed to the air, will appear to fly off and dissipate like smoke: such is the insensible perspiration of the whole skin, the nostrils, the fauces, the mouth, and the cavity of the lungs: but if the superficies be within a cavity, it is there condensed, by the confinement, into water: such is the origin of the water of the spine, the ventricles of the brain, the breast, the pericardium, the abdomen, and the vagina testium. There is in all parts, therefore, whether external or internal, the same perspirable matter, whose dismissal from the blood is necessary, and serviceable for many purposes: but especially, where the coagulable serum is prepared proper for nutrition, which is beyond the extremities of the smaller vessels; for it is there proper that it should
undergo

undergo a diminution of its aqueous part, as it becomes more glutinous, and fitter for adhesion; and the water, which is thrown off, either moistens, or softens internally, and prevents the superficies of the parts from growing together; or, in passing off externally, softens the skin, and the passages of the air.

22. This origin of the vapour, which the human body emits, is according to the law of nature: if it is sparing and thin, there is no coagulum to be found in it; which must be attributed to the extreme smallness of the vessels through which it passes. For, if the secreting vessels are larger than they naturally are, they will suffer the aqueous fluid to pass off in greater quantities, and together with it the coagulable glutinous serum: as in reality they do pass, when upon any violent exertion of the strength, they are distended beyond their common size. Thus, upon any encreased motion of the heart and arteries, the whole skin breaks
out

out into a sweat; the greatest part of which is a coagulable serum: to instance as a proof, the tenacious stiff stain left on the shirt by the sweat, as if it had been stained with isinglass water. Upon the same principles also, the lungs, the nose, fauces, and mouth, sweat; the matter here is sometimes condensed by the cold, and causes catarrhs, and colds. And from the same cause, the internal parts sweat; however, as they are defended from the cold, they preserve the serum in a fluid state, properly blended with this vapour. But this is the animal law; that the heart should never force the vessels to sweat, but upon some violent exertion of the bodily machine. A vessel therefore always sweats, that is, throws forth a coagulable, and more gross fluid than it does in the common course of nature, when it is distended by some unusual power; which power is derived from the blood's being at that time more abundant, or more impetuous. So that vessels sweat through fullness, or inflammation; thus, we see the
lungs,

lungs, when inflamed, covered over with a crust like a pleuritic coat ; and find the inflamed pericardium, together with the heart, surrounded on all sides with a poly-pous crust ; and know that the *Hydrocele* (where the fluid of the *Vagina Testium* is coagulable) is preceded by an inflammation. It is as easy, therefore, to render the fluids, that are collected in the cavities of the body, coagulable, as to cause the internal perspiring vessels to sweat ; or to accelerate the motion of the heart, and dilate the vessels, by the impetus of the blood. And, as this is always the case, when the fever is high, or violent exercise has been used, there is an easy reason to be given, why the fluids, which we find in such animals as died in a fever, or suffocation, are impregnated with a coagulum : and the reason that enabled *Lower** to find, in some oxen which the butchers had over driven, the fluid of the pericardium concreted like glue. Therefore the

* De corde, cap. 1. p. m. 9.

fluids, that we find in such as died in fevers, are not natural, no more than the fluids of animals after violent exercise. I would fain persuade people to try, whether (as has been already shewn, 18, 19) the internal fluids are free from a coagulum or not; or to open some living brute animal, or examine the bodies of men who die suddenly. Therefore we may conclude, that the part of the blood, which is coagulable, and proper for nutrition, is never thrown out, when the body is in its healthy natural state, by the perspirable ducts: nature hoards it up, and does not lose it. And whenever this condensed *vapour* is coagulable, it is impure, and impregnated with internal sweat, contrary to the common course of nature; for no vapour is pure, nor natural, when coagulable. It is very proper that the coagulable lymph should not be thrown out with the vapour; for it would take from the nourishment of the body, and, what would be still more prejudicial, would concrete, and encrust over the superficies
of

of the internal parts, and render them naturally rigid. Nor, is it owing to any other cause, that we have frequently observed those morbose ligaments round the lungs of the pleura, or the pericardium of the heart, after inflammations of those parts. Therefore, I hope to be pardoned by those learned men, who erroneously imagine the internal vapours to be naturally coagulable, and rank the coagulable serum with them; if I should say, that I would have the coagulable serum expunged from the number of secreted humours.

23. Hitherto it has been proved, that all the vapours of the human body cannot naturally be coagulable, though they may, out of the common course of nature, be impregnated with a coagulum: as, on the other hand, there are no examples to prove that coagulable fluids, when unvitiated, have lost that quality. From hence it is evident, that we ought to put greater faith in those experiments

that demonstrate a vapour not to be coagulable, which is agreeable to the order of nature, than to such as tell us it is so (16). For the acquirement of a coagulum arises from some vitiation, and is easily effected without altering the transparency of the fluid: but to lose it, is a very difficult thing, and never happens when there is no defect. That the fluid of the spine will not coagulate, cannot, by any means, be urged against the mixture of it with the vapour of the brain, which also cannot be coagulated (15).

24. It now remains that we make a diligent enquiry, whether the fluid, already described, penetrates the *Vaginae* of the nerves, which arise from the spinal marrow; since, in the same manner that it encircles the marrow, it nourishes and bathes the nerves arising from it, which run through the whole body. I think it cannot be disputed, that it is of some use to the nerves; for the same tube of the *Dura Mater* is a kind of an appendage,
and

and encloses, like a funnel, or lax sheath, every nerve proceeding from the spinal marrow; and this lax Vagina is continued with them, till the nerves, in their exit from the spine, form the *Ganglion* or knot. Therefore, as the cavities of all the Vaginæ, which enclose the nerves of the spine, are a continuation of the tube of the Dura Mater, which embraces the spinal marrow, and are filled with the same fluid; it is evident that every nerve of the spine is nourished by it, even to the Ganglion. The doubt to be cleared up is, whether it nourishes beyond the *Ganglion*; for the single *Vagina* of the *Dura Mater*, which was open thus far, is bound tight about the *Ganglion*; but from thence it spreads into cellular *Laminæ*, which partly embrace the nerve on all sides, and partly clothe even every nervous *Fila*. Therefore, there seemed to be no passage for the fluid beyond the *Ganglion*; however, I was willing to make an experiment, whether air or quicksilver would pass; but I found both of

them did pass; for, the air being driven through a tube, applied to the open orifice of the Vagina, beyond the *Ganglion*, overcame it, and all the *Vaginae*, which clothed the nerve beyond the *Ganglion*, immediately swelled up. Quicksilver also, injected, and pressed the same way, passed the straits of the *Ganglion*, and penetrated into the cellular *Vaginae* of the nerve. I made those experiments, chiefly, on those *Vaginae* that conduct the nerves which arise to the Ischiadic Trunk, beyond the spine. And though this passage for the quicksilver and air was not obtained without some pressure; that pressure was, however, very trifling, or certainly not so great as to shew such an obstacle, which the fluid itself, of the spine of a living man, might not overcome without pressure. If we consider the purity of the fluid, and its aqueous nature, which is more penetrating than air or quicksilver; and how much more lax the passages are in a living subject, and that the warmth renders the fluid

still

still more penetrating ; these will be sufficient proofs that we ought not to condemn the opinions of those, who think that the nerves enjoy the benefit of the fluid of the spine, beyond the Ganglion.

25. If the nature of the fluid of the spine had been coagulable, and not evaporable, I could easily have agreed with those learned men, who think that *Malpighi**, when he cut a small nerve running through the tail of an ox, and pressed out with his finger a glutinous humour like turpentine, pressed out the fluid of the spine, which runs through the vaginæ of the nerves. But we must now search for the origin of this fluid in some other place. *Heister*†, also, upon cutting a nerve, seems to have observed something similar to this discovery of *Malpighi*'s ; for, on making an experiment on a dog, he wounded some nerve, I know not where ; by this means the dog was

* Opera posth. pag. m. 27, ed. Ven.

† De Rachitide.

violently tortured with convulsions. But about three months afterwards, on dissecting the same dog, he found, in that part which he had wounded, a considerable glandulous kind of concretion; which he thought arose from the nervous fluids dropping from the puncture. Although *Heister* has omitted to give an account what nerve it was he wounded; and it may be suspected to be a *tendon* instead of a nerve; yet, that I may not cast the imputation of carelessness on so skilful a man, and allow something to the convulsions which followed, and commonly arise more from a wounded nerve than a wounded tendon; I cannot but think that this was a foolish ground to build a proof on, that there was a glutinous fluid in the nerves. But since the existence of this humour in the nerves cannot be doubted, as I have observed it clearly in repeating *Malpighi's* experiment, we must therefore seek some other origin for it than the spine. *Malpighi* and *Heister* deduced it from the brain; so that they judged the
glutinous

glutinous matter to be the natural fluid of the nervous Fistulæ. Both of them, as I think, are in the wrong; and, what is more strange, Malpighi is not a right interpreter of his own observations; for, if he could not find that glutinous fluid, when he pressed the same nerves where they take their first rise from the spinal marrow, before they were enclosed with the Vagina of the Dura Mater (24), though he found it when they had their Vaginæ; he ought to have understood, that it was not so much owing to their softness (which is certainly not so great at their origin, as to suffer the nerve to be lacerated when pressed) as to a want of the Vaginæ, that he could not produce the glutinous fluid*. Besides, on cutting the spinal marrow of a living dog, where the true nervous fluid descends from the brain, and passes to the nerves, I found a mere aqueous evaporable fluid drop from the part, and not a fizy glutinous hu-

* *Loco proxime citato.*

mour: even *Boerhaave* has already observed this in his own experiments *. Reason, exclusive of these experiments, tells us, that the nature of the true nervous fluid, which descends from the brain to the nerves, is aqueous, and not coagulable: and I think, that those singular experiments which the famous *Mollinellius* † tried, nine years since, on a dog, manifestly prove it. He drew from the cells of the nerves of the eighth pair, not a glutinous, but a thin white evaporable fluid. Therefore, since this humour, which is produced on pressing the nerves, and which is capable of being concreted, cannot have its origin either from the hollow of the spine, or the brain; it remains, that we enquire then whence it is derived.

26. But we cannot make it appear so plainly whence it takes its origin, unless we begin, in the first place, with defining

* *Prælec. ad Instit.* § 274.

† *Bononienfis Acad. Commen.* Tom. 3, p. 82.

the true seat of the humour. And, indeed, this concrescible matter does not seem to be contained in the nervous pipes, whose cavities no one can observe; but in the cellular Vaginæ which embrace the filaments of the nerves. I learnt this, in pressing some nerves similar to those on which *Malpighi* made his experiments; for I then observed the humour, very plainly, passing between the nerve and the Vagina. *Malpighi*, perhaps, affirmed a little too hastily, that it passed through the nervous pipes, rather than the Vaginæ; for, if he had stripped, as well as he could, those *Fistulæ*, or pipes, of their Vaginæ, and pressed them, he would have found that he would no more have been able to have squeezed out a glutinous matter from them, than from the nerves before they leave the spine. We may, therefore, safely enquire, whence the Vaginæ receive this humour; and since it is not derived either from the brain (25), or from the hollow of the spine (15); it must be concluded that they receive it
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from the arteries, which run through them all, and which void this concrefible matter mixed with *vapour*, even into the Vaginæ of the nerves, as well as into the interstices of the cellular membrane (21). The passage through which it finds its way, is plainly shewn by warm water; for, on injecting it into the crural artery, it plainly invades the Vaginæ of the nerves, as well as the cellular membrane of the leg. I imagine that whilst an animal is living, and warm, the humour voided by the arteries is very fluid; but that after death it is condensed by the cold, and becomes more glutinous. For, in reality, on pressing the nerves of living animals, which are warm, we find an aqueous fluid, and not a glutinous one. Therefore we see it is demonstrated, that there are two origins from whence the fluid of the nervous Vaginæ is derived, viz. the cavity of the skull, or the hollow of the spine, and the arteries of the Vaginæ themselves: from one the Vaginæ receive a little fluid, merely aqueous; but
from

from the other a larger quantity, which is apt to concrete. Now, since the cause of the pain of the *Posterior Nervous Sciatica* resides in this humour, which pervades the Vaginæ of the Ischiadic Nerves (8); we will examine how it acts on them, and enquire how it causes the pain.

27. It may cause the pain, in the first place, by its quantity being greater than the Vaginæ can easily contain, and overflowing the enclosed nerve; secondly, by becoming acrid, so as to stimulate, and irritate the nerve. Both these seem to be proved, and pointed out by experiments. For, indeed, I myself have seen, the observation of *Hippocrates**, and *Cælius† Aurelianus*, confirmed, That the Posterior Nervous Sciatica has followed a suppression of the menstrual, or the customary

* *Popularium*, Liber 5, Num. 33, in *Polym. uxore*, p. 793.

† *Morborum cron.* Lib. 5, Cap. 1, p. 549, Edit. Ammani.

flux of the piles, and a repression of the milk, or lochia: here, it seems not to be so much owing to the depravity of the fluid, as to its redundancy. This Sciatica has likewise been caused by receiving violent blows on the hips, or straining them in lifting great weights. These causes seem, by the force of the Stimulus, to have attracted a greater quantity of blood towards the nerves of the hip. But I also have observed, that this disorder violently attacks multitudes of those who are troubled with a rheumatic, or venereal virus, and settles obstinately in the hips. And I have numerous examples of people who have been attacked with it after having an issue, or ulcer of long standing, dried up. These things seem to tell us, that the Ischiadic Nervous Vaginæ imbibe a depraved humour from the infected blood. In others, I have known this Sciatica arise from the leg or hip's, having been exposed to a severe cold air: if we do not allow, in this case, that the exterior cause depraved the fluid of the Vaginæ of the
Ischiadic

Ifchiadic Nerve, which was before pure, we shall still want an origin from whence we may trace the disorder.

28. Now, as it commonly happens, that, however powerful these causes act, either for encreasing or vitiating the fluid, they do not affect the other nerves of the body, but attack and obstinately seize on the Ifchiadic alone; it may not be unworthy our labour to enquire whether the Ifchiadic Vaginæ have any particular disposition to cause those frequent disorders there, which the other nerves feel not; and that they, above the others, should take from the mass of blood the redundant fluid, and acrid particles, and should be so violently affected with external causes. And of causes there seems to me to be a number; but the chief are certainly Laxity and Amplitude, which is such sometimes in the external Vaginæ of the Ifchiadic Nerve, as is never found, as far as I know, in any other nerve of the whole body; for it is very well known that the Ifchiadic

dic Nerve, which has a kind of multiple origin at the spine, unites into one trunk, behind the great Trochanter of the thigh, and forms the largest nerve that is in the whole body. But there are four or five roots, which come separately from the spine, united in this trunk; and these not only join their filaments in one, but also their Vaginæ. And these Vaginæ, which we will say were originated with the nerve, have no superfluous laxity, but are exactly fitted to the nerve which they enclose. But the laxity that I have asserted, arises from some other new Vaginæ, which form, on the forming of the trunk of the Ischiadic Nerve. A copious cellular membrane, abounding with large Laminæ, unites them at the same place where the trunk is formed; but I have always observed it to be without fat. But although the Laminæ of this membrane seem to give Vaginæ to the nerves fortuitously, yet are they so exactly fitted to the nerve, which crosses the hip, as if they were formed by some wonderful skill.

skill and design. Indeed, I have seen in the Ischiadic Nerve of the body of a dead man, that these external Vaginæ, which we may call accessory ones, have received the new formed trunk of the nerve like a funnel; on one side fixing themselves on the top of the Trochanter, and, on the other side, receiving the descending nerve in a kind of grooved orifice, and accompanying it even to the leg. And this Vagina is so neat, that if the handle of a lancet be introduced between the Nerve and the Vagina, the trunk of the Ischiadic Nerve will seem to be contained like a sword in a sheath.

29. The pressure of the adjoining muscles does not sufficiently assist the natural laxity of these outer Vaginæ of the Ischiadic Nerve: these muscles scarcely ever touch the trunk of the nerve, which is protected, as by a bridge, by the greater Trochanter. I suppose every one will observe, how these Vaginæ are adapted, by their constant laxity, to receive the

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vapour,

vapour, which the arteries exhale (21); and how very well contrived they are to retain it after they have received it. Add to this, that the arteries which run through the Vaginæ of the Ischiadic Nerve, are larger than those that run through the Vaginæ of any of the other nerves. This causes the supply of fluid to be more plentiful. This must be the reason that I have never found those Vaginæ empty; and I have sometimes seen the fluid at the bottom thickened, and almost gelatinous. And, indeed, this sifiness seemed to me to prove, that it had a con-
crescible nature; as well as that the Vaginæ abounded largely with it. However, I imagine this sifiness came on after death, and ought to be attributed to a defect of warmth, which the nerves do not commonly want in life: for nature defends the trunks of the nerves, and the principal branches, by the general warmth of the part; but especially by the bed of muscles in which they lie. So that the fluid in the Vaginæ of the

nerves cannot be redundant, nor be congealed by the cold. Providence has taken such great care to defend the nerves, throughout the whole body, that there are only two large nerves, which are admirably designed for their proper situation, without these conveniences: one of these nerves is in the elbow, and the other in the leg. The nerve in the elbow is considerably large, and called by Anatomists the Cubital: it runs almost directly under the skin, between the *Olecranon Ulnæ* and the interior *Condylus Humeri*, on the back part of the bending to the elbow; in which place the Cubital Nerve wants the defence of the muscular strata, which the other nerves of the body enjoy. A great part of the Ischiadic Nerve in the leg has a similar nakedness with the Cubital; for, as it has a multiple origin at the spine, it unites into one trunk, behind the great Trochanter, and descends, by a lax and easy passage, between the Trochanter, and the greater *Glutæus* Muscle, the *Quadratus Femoris*, and the head of

the *Biceps* to the knee, under the *Biceps*, and *Semitendinosus*. The nerve in all this track is surrounded, and not compressed by muscles, but reposes in soft lax Vaginæ. The trunk, when it reaches the knee, divides itself into two principal branches: the greater of these follows the direction of the trunk, and entirely enters the leg, where the *Gastrocnemius* Muscle arises; under which it is pretty closely confined, and descends towards the heel bone: the other lesser branch, winding externally on the leg, deflects to the fore part of it. This other branch is less, because it is composed of fewer Stamina than the other; but the laxity of its Vaginæ is pretty near as great as that of the trunk. For, in branching off from the trunk, it descends obliquely, by the external, and lower part of the knee, passing over the bottom part of the head of the Fibula. In its whole progress, from the trunk to the Fibula, it has no muscle, but runs under the skin. It is accompanied all the way with Va-

ginæ that are lax, and abounding with vapour, or fluid. After passing the head of the Fibula, it descends between the *Pæroneus longus* and the body of the Fibula: from thence it goes under the long *Extensor* of the toes, and then between the long *Extensor* of the great toe, and the *Tibialis Anticus*. So far it is buried with muscles; but by and by we shall find it restored to its former liberty. For, as it passes the *Extensor* of the great toe, about seven fingers breadth above the exterior angle, it divides in two, and descends under the skin without muscles, by the fore part of the leg, inclining a little to the outside. It continues to descend under the skin, even to the superior and exterior parts of the *Dorsum Pedis*; until it dissipates into ramifications, and ends in the flesh of the foot,

30. The trunk of the Ischiadic Nerve, and the anterior branch that descends through the leg, do not run like the other branch, surrounded and enclosed

with muscles; but for the greatest part have either no muscle, or a very small one. These parts of the nerve are enclosed in lax Vaginæ, abounding with a fluid, and therefore adapted, more than the Vaginæ of any other of the nerves, to receive the superfluous humours, whenever the machine is overloaded with them. For the course of compressed bodies is always directed to the most lax parts, where there is the least resistance: and I imagine that the course of depraved, and acrid humours will, for the same reason, be the sooner directed here to these Vaginæ. The irritable vessels feel the full power of the acrid humours; and if the stimulus acts on them internally, they, on the other hand, render the acrid substance more active, and either retain or fix it within themselves, or expel it strongly into the neighbouring cellular spaces, which are at hand. The irritability of the coats of which the vessels consist, is owing to their tenderness: but the tenderness of the coats is always greater in
vessels

vessels which are the least subject to a pressure of the neighbouring parts ; which is the case with the vessels which run through the Vaginæ of the trunk, and the prior branch of the Ischiadic Nerve. It ariseth therefore from the nature of the human body, that humours, whether abundant or acrid, have a fairer opportunity to display their noxious qualities on these, than on the Vaginæ of any other nerve whatever. Every man, I suppose, is somewhat liable to this disorder, though some may be more so than others ; to instance, such whose Vaginæ are naturally more lax, and exposed more than is common. For as some are more subject than others to an *Ophthalmia*, or *Angina*, or *Catarrh*, according to the peculiar formation of those parts that are the seat of the disorders ; in the same manner, some men may be more subject than others to this Nervous Sciatica, which is excited internally. But, as the posterior Nervous Sciatica may arise from causes acting externally on the hip, one person here is as

liable as another to suffer. The nerve is so often deprived of a covering of muscles, that the cold, or other external causes, may easily exercise their power on the trunk of the Ischiadic Nerve, or the crural branch. I have more than once seen the other branch of the nerve, that runs to the leg, affected equally with the same cause. But it was affected now and then as if rays of pain had shot from the trunk; and if it chanced to be constantly painful, as though the causes were seated there, it happened but very seldom, and, as I think, only to such subjects in whom that branch was not sufficiently cloathed with muscles, or when such a quantity of acrid matter had fallen on the Ischiadic Nerve, that it forced its way to it in spite of the muscles (36).

31. I now flatter myself that I have produced some probable reasons, and causes, of the generation of pain in the Ischiadic Nerve (26); and why its trunk and branch, which descends to the leg,

leg, feel the track of the pain (29), and are more adapted to receive the causes, than the other nerves of the body, except the Cubital. Nor is there here any room to cavil at me, because the Cubital Nerve has almost the same disposition, and yet is seldom affected with pain. For, although this may be owing to the Cubital Nerve's having but a small track uncovered with muscles, the pain is not so rare to be met with as is imagined. Indeed, I have often known the Cubital affected at the same time with the Ischiadic Nerve; and especially when the cause of the pain was internal, and might be communicated to both nerves. This consent, and agreement of pain in the elbow and hip, have been observed by me more than once, in curing those who were harrassed with a rheumatic or venereal Virus; and I do not doubt, but that, if any one would attend to it, we should frequently observe an alliance between these two pains. Nay, as I have often observed, the pain of the hips descend
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by degrees to the foot, or rise from the foot to the hip, I have in like manner found the pain of the elbow ascend to the shoulder, and reach to the extremities of the fingers. There is so great a similarity and consent between these pains, whether we regard the disposition of the affected parts, or the nature of the pain, that I think Celsus, in judging these two pains, has done right to couple them together, and even put them upon a par. Indeed, if the name of the Sciatica had not taken its origin from the seat of the pain, but from its appearance, I myself should not hesitate to call that pain of the arm, the *Nervous Cubital Sciatica*; for it agrees with the Posterior Nervous Sciatica, in appearance, situation, symptoms, and cure, (39), (4), (55).

32. Since, therefore, an abundant, or acrid fluid, abiding in the outer Vaginae of the Ischiadic Nerve, may cause the Posterior Nervous Sciatica, let us now see how it generates all the symptoms and effects

effects of it. In the first place, if it arises from too great an abundance of fluid, the Vaginæ of the nerves will consequently be strained, and the inclosed nervous filaments compressed, so that the leg will be rather benumbed than painful. On the other hand, if the fluid be acrid, then the pain will be sharp and permanent. But from whichever of these causes it arises, the pains will be exacerbated towards the evening; for at that time a man's body grows warm, and the pain is encreased, either by the more rapid circulation of the blood's causing a greater quantity of fluid to be thrown into the Vaginæ; or by the encreased heat's exciting or adding a greater stimulus to the acrid matter. The pain that the patient suffers in this exacerbation, can hardly be expressed. I have known some who have suffered such excruciating pains, that they have spent whole nights sleepless; and when the warmth of the bed was insufferable, have passed the night in walking up and down the room, or, instead of the bed, have laid
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on the floor: and I have seen others who, in attempting to get a little rest, have laid their heads on a pillow, and the other parts of their bodies naked on the bare ground. From the heat's encreasing the pain, the reason may be deduced, why the ischiadic pains encrease after hard drinking, or violent exercise, and anticipate the evening exacerbation. In the same manner we may account for the pain's being more violent in the summer season, and greater when the patient lies on a feather than a straw bed. How many have I seen rise, after having endeavoured in vain to sleep in a feather bed, and afterwards scarce able to stand on their feet, or extend the affected leg; till by degrees they raised themselves up, as the cold air was admitted, or the leg chafed. These seemed to benefit the sick, as they assuaged the pain caused by the heat's stimulating the acrid fluid, and hindered a greater quantity from flowing into the nervous Vaginæ. But the heat, when it excites any pain, always proves that an acrid, or super-

super-abundant matter, are the most powerful causes of the disease. Of how great utility this indication is, they must be the most sensible who are employed in attending sick persons; for, amidst the multitude of pains in which the greatest part of diseases consist, we are often in doubt. We see some pains exacerbate in the evening, and assuage towards morning; whilst others, on the contrary, have their exacerbation in the morning. The nature of both these pains then is manifestly different; but the cause of the difference is not manifest. However, the effects that heat are observed to have, seem to clear up this difficulty; for heat must be pernicious in those pains that exacerbate in the evening, and be beneficial to such as assuage at that time. Here we find it prejudicial, and there beneficial. The effects of heat are, rarefaction, solution, and commotion: therefore, in pains which assuage on the accession of heat, a solution and commotion of the peccant matter is of service, because it was prejudicial

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on account of its gross and heavy nature, and oppressed the affected part. For this reason, the pains that exacerbate in the morning are rather gentle, like a torpor, and are curable by administering and applying hot remedies. I knew a patient who was cured of a pain of the thigh, arising from constant leaning on his right side, by drinking wine pretty liberally. On the other hand, in pains that encrease by heat, there can be no doubt, that either the too great abundance of matter, which is encreased by the encreased circulation, is the cause of them; or that its acrid quality is agitated, and rendered more pungent by heat, and set the pains, as it were, in a blaze. From what has been said, we may explain the reason why asthmatic persons feel themselves more troubled with their disorder towards morning, as their breast, I have often observed, is lined with a viscous, gross matter; and why gouty and rheumatic persons, whose pains are owing to sharp humours, in the evening.

33. When

33. When the Ischiadic Nerve is affected, it changes its habit by degrees, and takes another at the same time, that the Sciatica comes on, or acquires not long after. The habit it takes is a *Dropsy* of the external Vaginæ of the nerves. If the Sciatica arises from too great an abundance of fluid, the dropsy exists immediately with it; but if it arises from the sharpness of the humours, it follows a short time after: the concurrence of humours will be every day encreased by the stimulus of the acrid matter, and the stimulus must act powerfully in living subjects. This quantity will be directed as well through the filaments of the Ischiadic Nerve, as the sanguiferous arteries of the Vaginæ, and will encrease in proportion as the irritation is more or less violent; and an irritation there must be whenever there is pain. Therefore, at the time that the pain comes on, both the arteries and nerves are irritated; the nerves cause a convulsion of the muscles, and the most painful cramps (5); the arteries
overfill

overfill the flesh of the leg, and pour a greater quantity of fluid into the nervous Vaginæ, which contain the stimulus (34). Those cramps are commonly followed by a temporary varicose inflation of the veins, which run under the skin of the affected part; a thing that has been observed by me in the vague cramps of hysteric women, as well as by *Martian* (5), in the Ischiadic Paroxysm. An elderly woman, who was lately troubled with these cramps, which are vulgarly called the *twitching of the Nerves*, found her flesh swell in the same places where she was seized, viz. on the back of the hand, the elbow, arm, neck, and leg: and the turgid veins of the inflated parts look livid all the time of the continuance of the pain. I think this inflation was owing to too great a quantity of blood's being collected into the lax veins, as by a kind of thirsty influence; where all that quantity of blood, which cannot pervade the interior seat of the leg, which is shut up by the convulsion, is forced at the time of the
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the cramp. The cramp is a short, violent, and involuntary convulsion of the muscle, so that the blood cannot pervade the convulsed parts.

34. The blood, however, pervades the stimulated arteries of the leg, and runs, or rather shoots swiftly on, overwhelming those parts where the arteries end, and rendering them more heavy; amongst these are the Vaginæ of the Ischiadic Nerve, whose arteries are chiefly agitated by the stimulus that is near them; the blood fills them with a great quantity of fluid, which, by the leg's inactivity and torpor, and the density it has acquired in consequence of the torpor, easily finds a residence in them (30). Therefore, the Vaginæ of the Ischiadic Nerve become dropfical; and this dropfy, when once it has made its attack (if the pain continues) increases every day, and confirms itself. The quantity of fluid that flows into the Vaginæ every day, whilst the pain lasts, is greater than can be resorbed by

the veins; partly, because most of the mouths of the veins are oppressed by the inroad of the fluid; and partly, because the fluid is rendered every day more unfit to be resorbed: for the fluid, which is impregnated with a coagulum, is more adapted for resorbance when it is new; but if it stagnates long in one place, however proper for its reception, it cannot be again resorbed. For the more gross and glutinous parts of the lymph, with which that vapour is impregnated (29), are separated, by long continuance in the same place, from the more aqueous parts, and stick to the sides of the cavities in which they are enclosed; and by little and little unite, and form, like a paste, a new membrane, which lines the internal sides. The consequence of this is, that the mouths of the absorbent veins are in a great measure blocked up, and cannot perform their natural function. I have observed this to be the case in all those who have been troubled with a dropsy of the abdomen of the breast; and have
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seen the sides of the cavities, more especially of the breast, covered with strata of membranes of this kind; that I plainly understood the reason why, neither purges, diuretics, nor sudorifics, have the power to draw the water off in a confirmed dropfy. Upon the Ischiadic pains coming on, the Vaginæ of the nerve begin to swell, and unless the matter that causes the pain be conquered, they become dropfical: and unless the dropfy be dissipated, it becomes obstinate, and encrusts over the sides of the nervous Vaginæ with a kind of buff coat. However, this dropfy may possibly be in some measure beneficial, for by a greater influx of fluid, the acrid matter, which before adhered to the nerve, is diluted and mingled with it; and by this means being entangled in the fizy matter, its active power is repressed, and becomes less hurtful. Here, I think, I see the reason why the Sciatica is in the beginning continual, and afterwards becomes intermittent (4). The Sciatica is generated, as I imagine,

by an acrid matter, which is very active until it is diluted, and causes a lasting and continual stimulus; but when mixed with the fluid already mentioned, it ceases almost entirely to be troublesome, unless some new cause accedes to render it so. But it receives a new cause or impulse, either from extraordinary heat, or increased muscular motion (32); from which causes the intermitting Sciatica is often exacerbated before the paroxysm is expected. Therefore, in such cases, as long as the collected humour takes up its residence between the Vaginæ of the Ischiadic Nerve, and is at rest (which is commonly in the day-time) there is rather a torpor than a pain in the leg; which sensation, I imagine, arises from the weight of the collected fluid's pressing continually on the nerve. Upon the pains coming on, the torpor ceases, but returns when they go off. But however serviceable this dropsy may be in alleviating the pains, the ease it brings cannot overbalance the injuries it does by little
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and little in the end. For, though the pain intermits when the dropſy comes on, yet the diſorder is more confirmed, and grows more obſtinate, and cauſes the pain to be more exquisite at the time of each exacerbation. This more acute pain may ariſe from theſe cauſes; either becauſe the blood, having contracted a depraved quality, deposits a freſh acrid matter on the nerve; or becauſe the matter growing worſe by long continuance, the contagion is ſpread wider. The power of contagion is felt moſt ſeverely when the acrid matter that irritates the nerve is of a venereal nature; for, by its ſiſy quality, it fixes on the Iſchiadic Nerves, as it commonly does on other parts of the body that are not the warmeſt, and where it may reſt free from diſturbance.

35. Let us therefore call the dropſy of the trunk, and of the firſt crural branch of the Iſchiadic nerve, a *confirmed Poſterior Nervous Sciatica*; for this dropſy, if it is neglected by the patient, will cer-

tainly bring on a semi-paralysis of the leg. If the Ischiadic Nerve is long loaded with the weight of the circumambient fluid, its nervous filaments will, by degrees, be hurt by that pressure, and but weakly perform their offices to the nerves below, or to the muscles. For this indeed is the cause of the scene that follows those Ischiadic pains, such as an Atrophy and Semi-palsy (7). This dropsy, which produces such great effects, and which hitherto I had only conjectured to be in the Ischiadic Nerve, I lately was in hopes to have proved experimentally in the dissection of a body of a man who had suffered this Sciatica; an opportunity which offered unexpectedly, whilst I was about this work: but there were many obstacles to my reaping the satisfaction I wished from this dissection; for the man was about forty years of age, and, about four months before he came to the hospital of incurables, in journeying from Salernum to Naples, he was forced, by I know not what cause, to walk,

walk, at night, barefooted, through a stream of water, for a considerable way. Some time after, he was seized with a pain on the foal, and the back of the right foot, which ascended, by degrees, even to the hip, in the same direction as the Nervous Posterior Sciatica observes in descending. The disorder, which was severe in the first attack, was not relieved at all by repeated bleeding, nor by various ointments, nor repeated drastic purges; till at last he was seized with an acute fever, about the 16th of June, and in that state brought to our hospital. The fever was of the epidemic putrid kind; which, as he was a man of the lower sort of people, had attacked him, as well as many others of the same rank, who owed their disorder to bad provisions, in the great dearth of the present year 1764. He was greatly emaciated, and the colour of his skin was greenish; appearances that were frequently observed in those men who had suffered by the dearth; and perhaps arising from long living on crude vegetables;

tables : his strength was much impaired, and his stools were lax and thin. The fever being happily conquered, the return of health brought with it, to this exhausted creature, a great appetite, or rather hunger. I advised my patient to be cautious, and spare in his food, that he might recover by degrees, and not overload the power of digestion, which was as yet very weak. However, I will first mention, and give an account of the method I pursued in the cure ; as the Ischiadic pain did not go off by the laxity of the belly in the fever, but continued very severe all the time, being twelve days. He seemed out of danger, and the pain being considerably lessened, persuaded me that I should make an entire cure ; but the patient, being not master of his cravings, and appetite, began to devour a multitude of things, without order or selection. He was again taken with a violent purging, which, in about three days, so weakened him that he died. When he was dead I thought there was a fair opportunity

nity offered to prove my opinion of a dropfy of the Ifchiadic Nerve in the Posterior Nervous Sciatica; for, notwithstanding the patient, in the last days of his life, felt but little of the pain of the Sciatica, or scarce any, at the bottom of his leg, I did not however despair, if the Ifchiadic Nerve had been really dropfical, to have found something in it which might shew, if not the presence of the disorder, at least the preceding cause of it. The body was brought into the dissecting room, and we began the dissection. Here the state I observed the external parts to be in, took away all hopes from me; for the buttocks had corrupted, and bred worms, and each foot, as far as the middle of the Tibia, had an Anasarca; things, of which, whilst the patient was alive, no one had taken notice, and therefore were supposed to have crept upon him about the last days of his illness. Notwithstanding these things, we began to dissect. In the abdomen we observed clearly such defects, as pointed out, in
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some measure, the causes of the flux; of these I may, perhaps, give some account in proper season; and now we turned to examine the right Ischiadic Nerve. When this was laid open, we found it appeared, clothed as it was, with its Vaginæ, of a higher colour than usual, from the hip to the leg; not owing to the largeness of the vessels which pervade the Vaginæ, or to their fullness, but to a certain unusual tinge of the surrounding membranes, for they were all of them yellow. Therefore, upon cutting the external Vaginæ of the nerve, and wiping off the fluid, of which they had certainly no more than their natural quantity; we observed the Vaginæ more thick than usual, and that the colour of them was not painted on them, but stained in their substance; a colour from which the nerve, though it was paler, was not entirely free. The nerve was whiter, and had a greater quantity of fluid from the head of the Fibula to the bottom of the foot; and lower down, from the middle of the Tibia, there was

so great a quantity, that the Vaginæ were forced considerably from the inclosed nerve, to make room for it. I found some doubts arise immediately, whether this dropsy of the lower part of the nerve was not the remains of the dropsy of the Sciatica, before mentioned; or the progeny of that which had invaded the adjoining flesh. But the dropsy of the nerve extended beyond the seat of the *œdema* of the skin; so that it might be supposed to be the remains of the dropsy of the Sciatica. The uncommon colour also of the Vaginæ of the Ischiadic trunk, from the hip to the leg, seem to bring a proof what sort of lymphatic inundation had before spread over those parts (33), (31). But, as it was now in the heat of summer, and the open abdomen of the body, and the buttocks stunk intolerably, and we were all, not without reason, much afraid of infection. I did not examine the left Ischiadic Nerve; which perhaps might have shewn whether the colour of the right nervous trunk was in reality

reality accidental, or natural and proper in that particular man; and therefore dared not determine any thing from this dissection.

36. When I considered the seat of the stimulus, the nature and obstinacy of the Sciatica (although the dissection did not plainly demonstrate it) I yet could not help thinking there was a dropfy in the Sciatica; and the many cures which I have happily performed in this disorder, have confirmed me in my opinion. And if even the most careless, negligent, not to say suspicious man, would give the slightest attention to them, he might be convinced of the truth of it. However, I will not begin to demonstrate this, before I have eradicated a considerable doubt that may arise, and such a one as is necessary to clear up. It is this: When the Ischiadic Nerve is dropfical, does the dropfy extend as far as the pain, so as to take up the whole track of the nerve from the hip to the foot; or is it only at the

the upper trunk of the nerve, where the pain at first commonly begins its attack, and may be propagated along the remaining part of the nerve to the foot, by a kind of sympathy? Here I have some very cogent reasons to induce me to believe that the dropfy accompanies the pain in a confirmed Posterior Nervous Sciatica (3). For if the nerve in the true Sciatica pained beyond the hip by sympathy, how happens it, that the pain extends to the knee, and not always to the leg (3)? And why ought the anterior crural branch of the Ischiadic Nerve so often to form the sympathy with the trunk, and not the posterior, which also appertains to the leg? I would ask, whether it is not because the pain resides in those parts of the nerve, which contain the cause of the pain? Besides this, if you press externally any part of the Ischiadic Nerve, the pain of the true Sciatica, which was before lulled to rest, is commonly awakened; which is a proof to me that the cause of the pain must

reside in that part, where it can be externally stimulated up, and incited. But the cause of the pain is accompanied with a dropsy; for the Ischiadic Nerve, whether the pain begins at the hip and ends in the foot, or arising in the foot ascends to the hip, is, in every part where the pain is obstinately fixed, dropsical. I would be understood to mean this, in regard to that pain of the nerve which is obstinate and fixed, and constitutes the true Sciatica; for there are some flying stabs of pain in the Ischiadic Nerve, commonly called shooting pains, which are generally propagated from the hip to the branches of the trunk. These are flying pains, and do not constitute the obstinacy which is the characteristic of the true Nervous Sciatica: I would call them *Ischiadic Spasms*.

37. To sum up, in brief, what I have been so prolix in explaining in the foregoing chapters; I lay it down as a truth, that the permanence of a plentiful and
irritating

irritating matter in the Vaginæ of the Ischiadic Nerve, causes the Nervous Posterior Sciatica; which Sciatica, if the stimulus of the acrid matter be very sharp, may begin with an inflammation of the Vaginæ, and the disorder be very severe and obstinate. This is the first stage of the disease: then comes the dropfy and confirms the Sciatica. If this dropfy continues for any time, it so weakens the nerve that it cannot any longer be serviceable to the muscles; so that, by a defect of the nerve, and the hebetude of the long unemployed muscles, a semi-palsy of the leg comes on. This is commonly the last stage of the disorder. The Sciatica has three periods, which require the assistance of art: its onset is often attended with an Inflammation, its progress with a Dropfy, and its close with a Semi-paralysis. All these require the skill and art of the physician to master and cure.

38. I will now give an account of such things as seemed, in the course of a long experience, to be of service in these different stages of the disorder. In the beginning, when the disorder was very violent and continual, blood-letting was always a very great relief to the patient, easing the pain, and sometimes totally mastering it; especially if a suppression of an accustomed flux of the piles, or menstrual discharge, had been the cause of it. Any one can account for the utility of this method, who knows that bleeding lessens the quantity of humours, the powers of life, and the heat of the body; things which cause the Sciatica, or render it more violent (32). However, we must point out the place where phlebotomy is to be performed; for one and the same place is not always beneficial in the same stage of the disorder. If the disorder arises from a suppression of the piles, it is alleviated by applying leeches to the Corona of the Anus, to draw off the

the superabundant blood from that part : bleeding in other parts I have observed not to be so serviceable as here. I once saw an instance of this sort ; a man, who was troubled with the Sciatica, felt, on a sudden, wandering pains in the abdomen ; but in a day or two after he had suffered this, the piles burst forth by a spontaneous effort of nature, and in about three days afterwards the Ischiadic pains were totally driven off by the flux. For there is a great consent between the hæmorrhoidal parts and the legs ; and I have often known the Ischiadic Nerves grow painful on an approach of the piles, or menses ; and after the flux of these was spent, the pains entirely vanish. An evacuation is very beneficial to such as are seized with the Sciatica through a suppression of the menses ; and I lately succeeded very happily in an attempt to bring on the hæmorrhage, by applying four dry cupping glasses, repeatedly, to the inside of each thigh, and the proximate anterior parts, of a woman near forty

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years

years of age. I tried this about the time that she expected her usual evacuation. If this experiment does not succeed, bleeding in the feet is of service; for I have found, by constant experience, that nothing is so efficacious in bringing on the uterine flux, as bleeding in the foot. The reason of this may be, that as it draws the impetus of the blood towards the lower parts, the impetus is also increased at the Uterus. So that I have seen a suppressed uterine flux brought on again by this method; an expected one accelerated; and a late one excited. Nothing acts more powerfully on the Uterus than this, or serves better as a spur to incite the evacuation of the menstrual discharge, or the lochia; and nothing will answer your purpose better, if you want to expedite a difficult labour, or accelerate the operation.

39. But here a question may arise, Whether it is better to draw off the blood from the affected, or the unaffected foot,
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in the Sciatica? as I myself was once of opinion that bleeding was prejudicial, and thought that the blood brought to the affected part, by the evacuation, must encrease the disorder. Even *Cælius Aurelianus* seems to have been of the same opinion; for, after saying that many had practised bleeding in the ancle and leg in the cure of the Sciatica, he aptly enough remarks, that the parts of the leg being filled by this means, would grow more painful, as the sudden evacuation would draw a greater flux of matter towards them. But as I had observed, in the writings of very famous men, that they speak very highly of evacuations of blood in the foot, on the same side that the part affected lies, as a thing that almost instantly alleviates the pain; I was willing, incredulous as I was, to try the experiment: and I found it answer; for I have twice known the Sciatica totally cured on opening a vein of the knee; and oftentimes wonderfully alleviated. But I have known it decamp more speedily, and

often on opening a branch of the Ischiadic Vein, either before or behind the exterior angle, in the same manner as Zechius* has directed in this disorder. I have now a multitude of standing examples and proofs of the success of this method, for near four years, contrary to the opinion I formerly entertained. I will produce a very late instance: A man of about forty years of age, in attempting to lift a great weight, was seized with a pain in the left seat of the Os sacrum: the pain descended every day, by degrees, along the Ischiadic Nerve, and formed the Posterior Sciatica: the man could not extend his leg, but was tortured from the evening for most part of the night. A month after his seizure he applied to me: I ordered twelve ounces of blood to be drawn from that branch of the Ischiadic Vein which runs before the exterior angle on the affected side; after this the pain gradually vanished in about two days,

* Consult. med. 43, p. m. 467, edit. Francof.

and left behind, about the Os sacrum, a kind of sensation that was not at all painful, and could scarce be called its remains. Therefore the question is, Whether bleeding in the part affected is beneficial on this account; that by drawing out the blood the veins are evacuated, and, by their suction, attract very powerfully the fluid that is collected in the Vaginæ of the Ischiadic Nerve? I have more than once observed bleeding to have the same effect in the Gout as in the Sciatica; and in a gout of the abbescent, and, as it were, of the phlegmatic kind; and, what is strange, found, that on opening a vein, which ran along the tumid and painful part, the sharp pain was not only mitigated by the evacuation, but in a few days this disorder, which is commonly so slow and obstinate, peaceably quitted the field.

40. If by bleeding (even, if you chuse it, repeatedly; though it has often had such an effect, that as soon as once performed it has perfected a cure) the disorder does

not entirely vanish, you may then call to your aid two very efficacious auxiliaries; a prevalent *eduction* of the belly, and *frictions* of the part affected. These two are to be administered according to their known laws. The belly is to be incited for two reasons; that the veins may not acquire any noxious quality from thence, which may spread the matter of the Sciatica wider into the blood; and that, by evacuating the humours of the intestines, the powers of life may not be so active, and the course of the blood less rapid towards the part where the Sciatica lies. Indeed I have found, by experience, that there is a great relation between the belly and the legs; and have seen the legs grow torpid, and benumbed, by means of costiveness, and immediately grow easy and free upon the belly's being loosened. I saw a rheumatic person, who, in consequence of having his belly bound for a long time, had a torpor, and sensation of weight in his legs; but after having a stool procured by means of oil, his freedom of walking

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returned

returned immediately. *Hippocrates*, as well as *Cælius Aurelianus**, affirmed that a Dysentery was beneficial to persons troubled with the Sciatica; therefore, if persons so troubled have strong stinking eructations, or a disagreeable murmuring commotion of the Hypochondria, but especially the right, it indicates the presence of depraved humours, which, as they say, lay siege to the *primæ Viæ*: here an emetic will be of great service, and may be repeated, if the disorder is obstinate. Half an ounce of emetic wine, which I lately gave a person troubled with this Sciatica, every morning, for three days, brought out with it a great quantity of a fizy yellow humour; and the Sciatica in a short time after was entirely conquered. If an emetic cannot be given, which is oftentimes the case, the belly must be moved *κἄτω*. This may be done two ways, either by a clyster or a purge. I have always found a clyster answer best,

* *Loco proxime citato, p. m. 549.*

A diluent one should be injected in the evening; if it can be done, it may be also injected before the morning comes on. It should be prepared of a decoction of mallows, of honey, and a little manna. By these kind of clysters I have seen the pains of the *Lumbago* often, but those of the *Sciatica* always, wonderfully alleviated. If these do not do the business, clysters a little sharper are to be used; though these must be administered cautiously, for I have known sharp ones very prejudicial (45). I commonly use for this purpose the old pickle of olives, sufficiently tempered with a decoction of mallows, or St. John's wort. The best time for administering the gentle clysters is the evening; for, by evacuating the fæces, they render the attrahent power of the intestines (which is very great during the time of sleep, owing to the default of the vitiated contents) in some measure less prejudicial to the patient. They nourish the intestines, and afford an agreeable cooling sensation, and commonly alleviate the

the approaching or beginning exacerbation. I order the clyster to be injected, if possible, an hour before the exacerbation is expected; nay, I have known it administered and repeated with great success even in the paroxysm. But I generally order sharp clysters (which create a stimulus, and prove beneficial by drawing the humours to the intestines) to be administered in the morning; as I have observed the pulse to be always accelerated by them, and that they cause a heat, and greater uneasiness to the patient: for I imagined that if they were injected in the evening, the nocturnal Sciatica would be exacerbated by them. I do not use purges, for they are seldom beneficial; I have even known them cause a considerable aggravation of the pain.

41. However, these auxiliaries oftentimes lessen the disorder, but do not entirely cure it; and this is chiefly the case when the Sciatica is of any standing; for then, as the mouths of the absorbent
veins,

veins, which open into the Vaginæ of the Ischiadic Nerve, begin to be blocked up by the accretions of acrid matter, their powers are to be excited, and in some measure assisted. This, frictions effect admirably; and, as I have had some little experience in the use of them, I will offer a hint that will not be unprofitable. For, that friction may be beneficial to the patient at this period, it ought to operate in such a manner, as to assist by its pressure, and insinuate the inert humour, which is entangled in the Vaginæ of the nerve, into those mouths of the veins which are, perhaps, blocked up; and to cause it to leave, by degrees, the station it occupied in the Vaginæ by its sluggish quality: but great care must be taken that the friction only drives out the old humours, and does not draw new. Friction, therefore, is to be used in such a cautious manner, as that it may not be a stimulus, but only a gentle pressure. This is, indeed, a very difficult thing. But, however, I find my intentions generally answered,

answered, by gently stroking the part affected along the track of pain, with the naked hand, without flannel, or any other stimulating substitute. And, lest the hand or flesh should grow warm by this friction, and draw a quantity of blood to the part, I order it to be smeared plentifully with oil. The friction is to be used every morning, for a quarter of an hour at a time, with proper intervals; by which method I have known the pains of the Sciatica totally vanish by degrees. I use oil of olives, or melted suet; which the patient imagines is the great remedy, and the thing that frees him from his disorder: and to such as mete out health under the appearance of remedies, I recommend the *Butyrum ex Cacao*, the *Oleum Vulp.* fresh prepared; or vipers oil; or a thing whose scarcity will recommend it, human fat. It is for this reason that patients chuse this or that oil for the friction. The more oil is poured on, the less apt the flesh is to be inflamed. I always make use of cold oil, for when
warm

warm it encreases the pain. I have made so many observations to prove the truth of this, that I wonder the antients could talk so much of many hot ointments, and fomentations, being of great service in the Sciatica; and amongst these *Aurelianus*. But I now remember a case that occurred four years ago: A gentleman, after having had the gout, was seized with a pain of the hip, which descended to the foot. He was advised to anoint with bear's grease a little warm, and then to clap a burnt brick, as warm as it could be borne, to the anointed part. It was done as directed; but the pain was so considerably increased by it as to be intolerable, and extorted the most miserable complaints from the patient. Besides all this, a most violent cramp came on. The brick was then thrown aside, and the anointed part wiped clean. The convulsion continued for a week almost, though it abated every day. By regimen and rest, and drinking a quantity of diluting whey every day, the pain became tolerable again,

again, and the leg could be moved with ease. These, and other similar examples, have taught me how pernicious the custom is of using warm unctions and fomentations. Let the unction therefore be with cold oil; for it is designed to lubricate the part, and to prevent heat from arising. Frictions, performed in the manner I have directed, will be found to be of service. The three methods of cure, which are of great note amongst the antient, as well as modern physicians, for the Sciatica, seem to me to have virtues somewhat similar to those of friction; I mean riding in a carriage, or otherwise; singing; and electrification. *Cælius Aurelianus* would suit his exercise to his patient; first, by means of a portable bed, and then of a * sedan, or chair; and *Themison* thought it necessary for a person troubled with the Sciatica to ride on horseback†. Perhaps gestation is, not without reason, recommended by them as

* Loco citato, p. m. 552.

† Apud Cæl. Aur. loco citato, 556.

a more proper exercise than walking; for walking brings the blood to the part affected, and I knew a woman who brought the Sciatica on herself by walking unusually fast, for two days together. But gestation gently stirs the humours, stagnating in the Ischiadic Nerve; and by a gentle concussion, and tremulous motion, insinuates them into the Meatus of the absorbent veins. It has the advantages of friction, without pressure: and I have known riding in a coach ease a gentle Sciatica much, and yet be of no service in a more severe state of that disorder. Singing is of a much older date, and attributed to the invention of *Pythagoras**; though some attribute it, perhaps with more reason, to *Hysmenias* the Theban, of whom *Boethius in musicis* says, that he cured many, who were troubled with the Sciatica, of their pains, by the power of music†. I think *Philistion* means this

* Cæ. Aur. loco citato, p. 555.

† Crinitus de honesta discip. lib. xii, 342, edit. Gryphii, 561.

Hysmenias,

Hisamenias, when he says that a certain piper relieved the pain of the Sciatica by the melody of his notes*. Although *Soranus* judges this to be the empty boast of a fool, I would not presume to reject it as an idle notion; for we find, when music touches us, our flesh thrills, and sometimes the legs are set involuntarily in motion, as if beginning to dance, as *Philistion* has long since rightly remarked. That thrilling palpitation, which is excited by music, may be like that which a vehicle excites, and equally as serviceable. This is, perhaps, the only reason to be given for electricity's being of service; (which, as *Veratius* relates†, cured a Nervous Sciatica of nine months standing;) that it excites the palpitation of the muscles surrounding the Ischiadic Nerve, and so expells the intercepted humour.

* Apud. Aurel. loco proxime citato.

† Osservazioni Fisico Mediche intorno alla Elettricità in Bolog. p. 39.

42. However, in pursuing these methods of cure, it sometimes happens that the pain is so violent that we are obliged to use means to lessen it in the interim, as the causes of it cannot be eradicated in haste; for oftentimes rest, which is so necessary for the recruit of the human machine, is entirely suspended by the severity of the pain. To procure it, we have an excellent remedy at hand in *opium*: a grain of which, swallowed in the evening, I myself have known relieve the patient considerably. *Abraham Kaavius Boerhaave* is a witness for the truth of this, as he tried the experiment on himself*. But when the patient is so accustomed to opium as not to feel any effect from it, the dose is not to be increased (because I have observed the Ischiadic Torpor encreased by these means) but a little opium is to be dissolved in half a pint of milk and water, and injected as a clyster, after the intestines have been cleansed by

* Impetum faciens dictum Hippocrati, num. 440.

common

common clysters. A grain of crude opium may be injected this way; or some drops of *Sydenham's anodyne tincture*; or you may inject half a grain of opiated laudanum, or *Quercetanus Nepenthes*: all these I pronounce to be good, on various experiments. Opium, when injected by the *Anus*, is more beneficial, perhaps, for this reason; that being free from a mixture of the bile, and other intestinal humours, which perhaps take from its virtue, it enters the blood in a purer and more potent state. Indeed, I have seen asthmatic convulsive attacks become less frequent by the use of opium as a clyster; and have even known a colliquative Diarrhœa, in hectic, often abate upon a very small dose of opium's being administered this way; when a larger dose swallowed has rather encreased it. I am almost persuaded that the excellence of opium, here, is owing to its not being vitiated with the bile; for there is a thin kind of oil in opium, in which its soporific quality consists; which being drawn off (as by boiling it

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in water, when the oil separates, and swims on the surface, a small grain of which given to a dog in his drink, will kill him instantly*) what remains behind of the opium is entirely harmless, as *Stahl* has proved experimentally†. Therefore, if the oil of the opium be mingled with the oil of the bile, and its acid part; it will be by degrees weakened, and lose its soporific virtue almost entirely: for it is well known what power acids have in destroying the soporific virtues of plants. I think, from the bile's efficacy in enervating the power of opium, we may bring a reason why men perceive opium to have less effect on them, in proportion as they are more accustomed to take it; a thing which many examples prove to be true‡. For, as the powers of life

* Newmannus *Chemiæ*, p. 969. Buchnerus de *opii effectibus*.

† Apud Jo. Christ, Jacobi de *viribus hypnoticis a miner. regno, &c.* § 2.

‡ Confer. Vallisnerii *Epistol. ad Lu. Test. Op.* vol. 3. p. 62, edit. Venet. 1733.

grow

grow languid by the virtue of opium, the secretions of the humours, from the arterial blood, which are carried on in the body, are lessened; and the secretion of the bile is the only one that remains, not perhaps so much undisturbed as increased. As this comes from the venal blood, whose motion being retarded, a greater quantity of bile is secreted: therefore, this bile is redundant in the intestines, in proportion as a person has been a longer or a shorter time accustomed to the use of it: so that the matter which destroys the virtue of the opium encreases, as the habit of taking it. But as opium encreases the quantity of bile; in giving it in a flux of the belly which is caused by the bile, may it not encrease the flux, after its first operation ceases, as much as it diminished and lessened it before?

43. The opinion which I entertained, that opium has the property of encreasing the quantity of bile, is confirmed by the dissections of animals killed by it, whose

intestines, I observed, were filled with a considerable quantity of bile. Although *Ravius**, who was intent upon another matter, has remarked this, as he found a great deal of bile in the Duodenum of a dog stupified with opium; as also that the *Vesica Fellis*, and the *Ductus Choledocus* were turgid with bile; yet I shall attempt to confirm the opinion by a singular experiment on the bird kind, which I tried for another purpose, five years ago, and lately repeated with the same success. In the month of September I injected a bolus of crude opium, of about twelve grains weight, into a very fat quail. I added water, that I might the better make it into a bolus, which it tinged of a yellow colour. This being injected, the quail at first seemed very well, and as lively as the others that were its companions: but by and by it began to droop, and betook itself to the corner of the coop, so stupified, that, though before at

* *Impetum faciens dictum Hippocrati, num. 434.*

the sight of a man it would spring on the wing, and dart against the covered top of the coop, it now was quite motionless and torpid. The bird had shut its eyes, and lay upon its belly, from the first hour of the night, the time I injected the opium, to the fourth, when I went to bed. At the eleventh hour, when I arose, I supposed the bird to be dead; however, I found it alive, but still so stupified, that when struck it would not stir, but just opened its eyes, and then shut them again: when the eyes were open, I observed the pupil was more contracted than in the other quails that were confined in the same place. It remained to the twentieth hour in this state, and then died. There was this difference between the events of the experiment I tried on the quail of which I am now speaking, and that I tried the first time; for in the first experiment the bird died within six hours, convulsed with violent distentions of the limbs; in the second it died calmly and quietly. The opium I used in the one had been carefully

preserved, but what I used in the other seemed a little decayed. This, when it died, voided a very stinking dung. Upon opening the abdomen, though the bird was but just dead, the flesh smelt very strong, and the fat around, which was considerably yellow, sent forth a disagreeable nauseous stink. There was a great quantity of bile in the small intestines, stuffed with a number of air-bubbles. The large ones were likewise filled with it, and contained still a little fæces about the anus. On opening the stomach, I found the bolus of opium in it still entire, and not the smallest particle of it, that I could discern, had descended to the intestine. A small particle of it only remained in the gorge, mixed with a humour of a pungent smell, in colour like the scourings of flesh. The stomach was principally contracted around the bolus, and its interior callous hairy coat was separated in such a manner, from the rest of the flesh of the stomach, as if it had been touched with a caustic ; so that, on being
gently

gently stroaked, it entirely fell off. The blood was quite fluid, and not at all grumous; being such as I took from the cavities of the heart, and the parts adjoining, and in which many little drops of oil appeared to swim about, whilst it yet remained in the vessels. Immediately when I saw these, at the time of my making my first and second experiments, I set about making another trial, the result of which is well worthy of attention; for the bolus of opium, when extracted from the stomach and gorge of the dead quail, weighed exactly, as it did at first, twelve grains. I then gave this very same bolus to another very lively quail. But this quail, although it seemed at first a little giddy, recovered again, and appeared as lively as ever. It lived as long as I chose to keep it, quite lively, and seemed to suffer nothing for a month and upwards. As I must hasten back to the subject of the Sciatica I first set out upon, and avoid, as much as possible, any deviation, I cannot give myself time to recol-

lect all the experimental proofs I have. However, it will be enough for my purpose, if those I have already produced, evince, that the use of opium generates bile, and causes a greater quantity than usual to flow into the intestines.

44. Opiates, therefore, alleviate a pain that is too severe to be borne, and are used principally in that Sciatica which is owing to venereal causes, and will not yield to the common remedies. This Sciatica is by far the most obstinate of all, and the most troublesome in the night. In all the practice I have had, in numbers of cases of this kind, I never found any of the remedies I have hitherto mentioned of any considerable service. For bleeding, I observed, scarce eased the pain at all, and in no ways prevented the disease from increasing; and purges too have just as little effect. Frictions, I observed, even of the most gentle kind, were prejudicial; for the lameness was always encreased by them, and the motion of the leg became
more

more painful. Opiates alone contributed to ease the pain. But the best and firmest foundation for a cure was in Mercury. Therefore, when it appeared that it was a venereal virus that preyed on the Ischiadic Nerve; (of which we may judge pretty shrewdly, if a person that was affected with the *Lues* is seized with a Sciatica which does not yield to the common efficacious remedies) I then began to use Mercury, however not without caution. *Mercurius dulcis*, seven times sublimed, answered my purpose many times very well; I gave my patient about ten grains of it, with an addition of an equal portion of Ceruss of Antimony mixed with honey, in the evening; and about a quarter of an hour after made him drink a pint of a pretty strong decoction of Guaiacum wood. Within the fortnight, I found that this species of the Nervous Sciatica, as well as other simple venereal pains, and those terrible ones that reside in the nerves which are called *Osteocopus*, and falsely attributed in general to the bones,

bones, were in general totally routed. Sometimes I perfected the cure by exciting copious sweats, or cleansing the belly; but notwithstanding the urine became more thick, I seldom ever could perceive any excretion of disturbed humours. If these things which I have mentioned do not effect a cure (which may be the case, as I have often known them fail in a confirmed venereal Sciatica) I think we must try what salivation will do; though I will not pretend to praise its efficacy, as I have tried it without success. Therefore, in this, as well as in other obstinate Sciaticas, we must fly to other remedies, that are more safe in their operation, and more efficacious.

45. When it so happens that the Sciatica does not yield to remedies already enumerated, or has gained ground by being neglected, it is then arrived to that stage in which a confirmed and completed dropy has taken possession of the Vaginæ of the Ischiadic Nerve (33). Here art

seems to have been hitherto tired amidst a number of daring and fruitless attempts to find out a method of cure: for this terrible lingering disorder has been venturously combated with two medical weapons, such as very sharp clysters, and caustics; both which have harrassed the patient, already sufficiently tortured, with new racks of pain, and proved fruitless remedies, and more excruciating than the disease itself. Those very sharp clysters were thought to be proper, in order to draw the humour collected in the hip to the intestines; and the strange varieties of clysters which Physicians have racked their brains to invent, are such as, though I know them all, I will pass over in silence, as being one part of them useless, and the other part prejudicial. There are two preparations of clysters that are greatly in vogue amongst our Quacks and Rustics: for some mix a quantity of the milk of Spurge with a decoction of Elder, and inject it by the Anus with great perseverance, till they produce bloody discharges;

charges; others prepare a great quantity of a strong decoction of Bryony, and in one or two mornings inject so many clysters of it following, till the intestines void pure blood, accompanied with the most exquisite tortures. I will ingenuously confess that I have known some cures performed by means of these; and have even heard of many from men of credit. However, I always shuddered with horror whenever I was present at any of these operations, and lamented the miserable condition of the patients, which I have seen almost expiring under the racks of pains caused by such clysters; but was more touched with pity for those who, after having undergone those new kind of tortures, still retained the disorder as bad as ever. Methinks I have now before my eyes the poor woman whom I once saw under this operation. She was about fifty years of age, and the mother of many children, and was seized with the Posterior Nervous Sciatica of the right side, about the month of July. Within the
space

space of two months she had had blood drawn plentifully from her feet, and Anus, at three different times; she had taken repeatedly very strong purges; and was fruitlessly tortured by her Physician with a plaister of resin of Pine, Mastich, and Olibanum, which was applied behind the great Trochanter of the thigh, where the pain chiefly lay. At last a Quack advised her to make use of a very singular kind of clyster, prepared of strong Wine, a little oil of Olives, and half an ounce of Galen's Hiera Picra. Immediately as the clyster was injected, she was seized with various violent convulsions, and became insensible; in this state she remained almost two hours, with a pulse so low as scarcely to be felt. Neither did she recover until the intestine was washed with repeated clysters of milk, and soft cataplasms of mallows had been applied to the abdomen continually. Notwithstanding she repeated the clysters of milk, the pains of the abdomen did not leave her for many days. The Sciatica still remained in *statu quo*,
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and was cured at last by a method which I shall briefly relate.

46. After all these fallacious experiments, which Physicians have tried with clysters*, their last refuge, caustics, were found not to succeed much better. For caustics seemed, and indeed were very proper to draw out the matter of the Sciatica: however, by their not knowing two things; in the first place, that species of Sciatica where alone it can be of service; and in the second, the part where they ought to be applied; it was but seldom, and owing rather more to chance, than judgment, that ever they succeeded. Neither are caustics of use in every Sciatica, for that which is arthritic, commonly eludes every kind of caustic. I remember a person who had a fixed pain for six months, in a part a little below where the thigh joins to the hip; and

* Confer Hippocratem de affec. cap. xxx, pag. m. 179; & Cæl. Aurel. p. 553.

notwith-

notwithstanding he was blistered thrice, and burnt twice, he still retained the disorder; at last an abscess formed deep under the inner Glutæus muscle, as a deep section plainly demonstrated. However, though caustics have a wonderful effect in curing the Nervous Sciatica (51), if they are not applied to the proper parts they are entirely useless. To corroborate this truth, I will relate a singular story of a man of about thirty years of age. He was of a bilious constitution, and minded not fatigue in any weather, to follow the diversion of hunting. In the month of January, in following this favourite sport, he passed several rough craggy places in a deep snow, and was seized with such a violent pain in his right hip, which extended even to the foot, that he could scarce return home to put himself to bed. When at home, some days before the Physician was called, neither fomentations nor ointments (in the use of which women are generally industriously headlong) were spared upon him: but all their applications

applications were without effect, and the pain increased every day. When the Physician came, he ordered the Ischiadic Vein to be opened, and human fat to be rubbed into the painful part. This was not more successful than the other methods he had tried before; so that he was blooded a second, and a third time, and had that *δραστικιοτατον*, decoction of Bryony, injected as clysters. No inconsiderable dejection of blood followed in consequence of these clysters; however, on the seventeenth day the disorder did not seem to be alleviated so much as to have put on another appearance. For, as it was before constantly painful without intermission, and exacerbated in the evening; now, as though it had lost its power of acting by day, it began to rage bitterly only in the night: so that the patient was very easy all the day, but passed the night in watchfulness, shrieks, and complaints, and could not get the least rest before the dawn of the morning. Here, indeed, the Physicians left no method untried, that
art

art could invent, to give him ease. For (not to be too prolix) he was burnt twice very deep with a hot iron, in the part which was affected, behind the greater Trochanter of the thigh: he was twice completely salivated; and had clysters of a decoction of Bryony injected many times, till dejections of blood followed. But all these had so little effect, as scarcely to obtain a trifling intermission of pain for one night. In this condition he came to Naples. Upon examining the obstinacy and intensity of the disorder, which had baffled the most powerful remedies, and scarcely yielded at all to any of them; I ordered the skin of the part affected to be passed with a Seton, and gave him, for near three months, a considerable quantity of Mercurius dulcis with Antimony, so as to excite a copious saliva: however, the disorder still remained as bad as ever. At last the patient, tired out rather more by the methods of cure than by the disorder, departed from Naples. Hence it is manifest that the Cautery, which I

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shall

shall shew has the power of curing this very Sciatica, if applied to the proper place (54); when improperly applied, though the sore be deep, is of no service. This I have seen confirmed by various examples, which I shall now pass over in silence. All other caustics have just as little effect (50, 52). Hence we find that this Caustery, commonly applied in the Sciatica, behind the great Trochanter of the thigh, which *Severinus**, on the authority of *Dioscorides*, calls *Arabica*, Arabian; is seldom, if ever, cried up by skilful Physicians as a good remedy, or any cures related that were performed by it.

47. The fallacious or inconstant utility of these remedies in the confirmed Posterior Nervous Sciatica, has given rise to this vulgar saying, That persons seized with this Sciatica are in the clutches of an incurable disorder. As examples of this have occurred to me very frequently,

* *Pyrotechniæ Chirurgicæ*, cap. i.

I began to consider with myself, somewhat in the following manner.—The fluid, which is impregnated with an acrid matter, and is too redundant in the Vaginæ of the Ischiadic Nerve, distends those Vaginæ, and renders them dropfical, (27, 33). But if this dropfy neither yields to bleedings, purges, clysters, nor frictions, it must consequently have closed up the orifices of the absorbent veins on the inside the Vaginæ: for if they had been open, they must necessarily suck up, and draw from the part into which they open, whatever humour occurred, especially when the body is emptied by evacuations, and the residing humour set in motion by the frictions. Therefore, what more successful method remains to be invented for the cure of this obstinate disorder? Why not that very same which is pursued in the dropfy of the breast, the abdomen, or any other part of the body; when the absorbent veins are, perhaps, blocked up in the same manner, and when other remedies were of no-kind of service?

Suppose such a perforation of the hydro-pic place, as that the collected humour, without the help of the veins, may be drawn out at it, by a more open passage. But who could bear to have a nerve perforated? (for the nerves are buried in the flesh, through which you must first pass before you can come at them:) and then to pass it safely, though I rather think it somewhat dangerous, what operator can so guide his instrument as to be certain of touching the nerve he aims at? or who can perforate the Vaginæ of the nerve, without wounding its fibres? and who will answer for a fizy humour's flowing out from a passage so narrow and so compressed on all sides?

48. Here, a man, who has not applied to the study of anatomy, will be apt to pronounce, as many eminent Physicians have done, that a confirmed Posterior Nervous Sciatica is not curable by any method whatever. For what can be greater madness, than to institute a method
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of cure, which is more dangerous than the disorder itself? But anatomy has led me to think and experience otherwise: for a perforation of the Vaginæ of the Ischiadic Nerve, which is the only efficacious remedy that remains to be tried for the cure of this Sciatica, is far from being so difficult an operation; for the obstacle which is thrown in our way by the muscles which protect the nerves, is in the Ischiadic Nerve, whose Vaginæ we want to come at, removed, as the muscles in many parts of it are wanting. And I have before fully demonstrated, that the part of the Ischiadic Nerve, which is the seat of the Posterior Nervous Sciatica, is, to the head of the Fibula, the bottom of the Tibia, and the back of the foot, deprived of a guard of muscles, and only covered with teguments. Therefore, in these parts, the Vaginæ of the Ischiadic Nerve can be perforated by only penetrating the skin, without wounding any muscles. As I thought of these things at first, another quære, and no inconsiderable

one, started up: which was, by what method the Vaginæ of the Ischiadic Nerve could be perforated in those subcutaneous parts of it, without running a great risk. If it is attempted by puncture, there is great reason to fear the danger of wounding the nervous filaments, together with the Vaginæ; and, by bringing on a convulsion, of destroying that part of the body which you intend to free from pain; and if they are perforated sideways, the danger is pretty nearly the same. Besides, the humour which lines the Vaginæ is of a fizy quality, so that if you would evacuate it, the Vaginæ are not only to be opened, but the enclosed humour is to be attracted of its own accord, and, as it were, entirely drawn toward the aperture. As I often scanned these things over in my mind, I began to think that the aperture should not be made by a cutting instrument, but rather by a caustic blister. By means of this it seemed highly probable that my most sanguine hopes would be fully answered; for if the Vaginæ were
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to be opened in such a manner as to let out the enclosed humour, a blister certainly could open them, by ulcerating the skin, or draw the humour, as it were, by an aperture. For if the ulcer of the skin, caused by the blister, reached the Vaginæ underneath, it would immediately cause an evacuation of it: if it did not reach the Vaginæ, but only blistered the skin, yet, as the pores of the skin communicate with the pores of the Vaginæ, by drawing it to the pores of the skin it would also evacuate the Vaginæ. I have many experiments at hand to prove the power of attraction of the ulcers which are caused by blisters; for I never knew a pain, caused by an acrid matter in those parts of the nerve which lie under the skin, but vanished on applying a blister there; of which I can produce such a number of obvious examples, that was I to relate any of them it would be quite absurd. However, they demonstrate clearly, that the humour is attracted from the parts underneath, and flows off by the ulcer of the skin.

49. It cannot be objected, that the discontinuation of the pain does not prove the attractive power of the ulcer; as though the matter underneath, by being put in motion by the stimulus of the blister, may be dissolved and easily resorbed again into the blood; or by the contraction of the ulcerated skin be so compressed as to force itself a passage into the sanguineous veins. For all these suppositions are partly contrary to reason, and partly to experiment. For the skin, however contracted by means of the ulcer, cannot force the matter by compression in such a manner, as to cause it to pass into the sanguiferous veins. For if alternate pressure, such as that which is caused by friction, is hardly able to effect this, how can the ulcerated skin perform even alternate pressure by means of palpitation? But let us turn to experiments. There is a kind of malady arising from the Lues Venerea, which is seated in the bone, and commonly called *Gummi*. This is caused by the venereal Virus investing the Periostæum, and inflaming the membrane;

so that the stimulus causing a conflux of humours, it swells: but these humours acquire gradually, by the force of the poison, a nature somewhat like that of bacon fat, and form an assemblage, for the greatest part, between the Periostæum and the bone. The substance of the bone, by being in contact with these, is gradually corrupted, as also the Periostæum itself, and oftentimes the adjoining flesh. It is to be wished, that (as indeed it does frequently happen) when those Gummi form, it may be in those bones which lie immediately under the skin. For if the blister is applied in those parts, constant experience, to this day, in more than a hundred instances, has taught me that they are not only reduced, and hindered from increasing, but the pain, which was before very severe, ceases, and the tumour itself gradually subsides, as the ulcer weeps: but that at last, by keeping the sore open, the sound parts only remain, and the Gummi entirely vanish. I have often known Gummi arising in the Forehead, in the hairy part of the Calva, in
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the middle of the Sternum, in the upper spinal processes of the Vertebrae of the Back, in the exterior part of the Olecrum Ulnæ, and in the anterior front of the Tibia, constantly vanish, as the ulcer, excited by the application of a blister, weeped. It is of no signification to produce a multitude of instances of such kind of cures, which will never gain me so much credit, as I shall obtain with such as are willing to make the experiment themselves in this common disorder. I will only add, that blisters have cured even Gummi when arising, as well as when they had attained a considerable bulk: and although it may happen that the disorder is not entirely cured by the force of the first blister, yet a second seldom fails of conquering it totally. Now I have no doubt but that these cures, which are performed by blisters in venereal Gummi, will evidently prove the great efficacy of them in drawing out the humour stagnating in the parts that lie under the skin, and evacuating them by means

means of the fore ; for if the *Gummi* is cured, what is become of its viroſe humour ? Is it turned into the blood ? ſince it returns again, notwithstanding mercurial plaſters, or mercurial ointments, are applied over the part, or rubbed into it, when the ſkin is whole. But as the *Gummi*, according to this notion, muſt mingle its poiſon with the blood, what miſchiefs may it not occaſion ? Let ſome examples lead to the conviction of the truth, if they can. A ſoldier, about thirty years of age, had two pretty large *Gummi*, grown on the right ſide of the Calva, near the temple. The Chirurgeon ordered the hair to be ſhaved off, and the elevated part of the *Gummi* to be rubbed firſt with mercurial ointment, and then to be covered with a plaſter with double the quantity of mercury. On the ſixth day the *Gummi* vaniſhed ; but in a day or two afterwards the patient was ſeized with a violent pain in his head, attended with a want of ſleep, and had moreover a fever. His Fauces were inflamed, and he could not ſwallow.

Whilſt

Whilst he was in this state, a violent Diarrhœa came on upon him spontaneously, and saved his life.—Another case, which I shall relate, had a worse event. There was a man about fifty years of age, who was troubled with a Gummi in the extreme anterior part of the true third rib, where it joins to its cartilage. He came lately to the hospital: he was ordered to rub the Gummi with mercurial ointment; he did so for five days: the Gummi was dissolved and disappeared; but immediately after, he was attacked with a violent fever. At first he had a heaviness in his head, then was drowsy, and convulsed now in one part, and then in another, but especially in the eye-lids; his pulse was low, his breath short, and all his senses oppressed. The patient died before eight-and-thirty hours. Upon opening the abdomen, we found under the Peritonæum a small abscess formed on the right Iliac vessels, full of an ichorous humour, which turned under the *Fallopian* Ligament towards the seat of the Semen. We found the

the breast without blemish, and found in the part where the Gummi was, a cavity in the bone, filled with a sanguineous humour. In his head, under the Dura Mater, and between it and the brain, there was a prodigious and enormous quantity of whitish Serum collected. In the brain, between the Arachnoides and the Pia Mater, there was a wonderful collection of Pus in every part all around the Cerebrum and Cerebellum, which had a greenish cast, and was so thick that it might be scraped off in pieces, and would not drop. Was it not owing to the matter of the Gummi being repelled, and thrown to the head by means of the frictions, that the patient died? There was never such a consequence ever followed the cure of Gummi by a blister. Indeed, the numerous examples I can produce of Gummi being cured by means of a blister, without any evil consequence attending, have either led me into an error; or these cures clearly prove, that in the Gummi, which are cured, the poison is drawn out
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of the body, and does not pass into the blood.

50. Therefore blisters, if they excite a sore, draw the humours underneath to the part which is exulcerated, and evacuate them. So that I cannot see a reason why blisters should not be applied to the evacuation of the Vaginæ of the Ischiadic Nerve, on the subcutaneous parts of it; where they might act, and draw the humours to the ulcer. Reason at first persuaded me to make an experiment of this; but afterwards, as I thought more of this matter, some vague remarks which occurred to me amongst the antient, and some observations of the more modern Physicians, induced me to apply myself closely to the study of it. I met with instances of this Sciatica's being cured by chance, without any rational methods being laid down; so that, as they seemed to have adopted no settled principles, I thought that this method I have followed would help to lay a proper foundation. For

Galen cursorily mentions the cure of a Sciatica, which returned every now and then, at short intervals, for the space of four years ; and he says the man was cured by a wound which he received in his ankle, in which the artery was divided*. I imagine that this wound in the ankle cured the Sciatica, because it evacuated the Vaginæ of the affected nerve, and happened to be in that very part where it runs†. But *Paulus*, from *Ægina*, who depended much on the actual Cautery in the cure of the Sciatica, amongst parts he would have burnt, has chiefly pointed out the place above the exterior ankle ; which method, perhaps, succeeded sometimes, for this reason, Because it was that subcutaneous part of the Ischiadic Nerve, which descends by the ankle. But *Albucasis* seems, of all others, to offer the most rational observations ; for he recommends the Cautery in that Sciatica where pain reaches even to the toes, and to burn three

* In libro de sang. missione.

† De re Medica, lib. 6, cap. 76.

or four points, or more if necessary, of the part where the patient shews the pain chiefly lies*; upon the very nerve, if the pain happens to follow its track. Indeed, I was very well pleased to find these observations, which were scattered amongst the antients: they seemed accidentally to have prepared the way for me, and by chance, to have held out a light to invite me to the investigation of the truth: there are some better observations also to be met with amongst the more modern Physicians. *Altimarus*, who flourished about the middle of the sixteenth century, patched together, indiscriminately (as medical writers of our days commonly do) a number of cures for the Sciatica; and at last recommends, as the ultimate remedy for a continual pain of the hips; “*Ignem sub genu externa in parte inustionem efficere*,” to burn on the outside part of the leg, under the knee, with the actual cautery†, *Johannes Zecchius*, who lived a little

* Libro primo, cap. 43.

† De medendis Hum. Cap. morb. cap. 118.

after

after him, highly recommends the same thing; “*Paullo subtus genu, in parte exteriori lateris affecti Cauterium inurendum**.” But why is that part the most proper to be burnt? Is it, as *Zecchius* says, for the sake of *derivation*? But why is not the Cautey equally as useful in any other part adjoining? Is it not because, “*in parte exteriori affecti lateris, paullo subtus genu,*” on the outside of the leg, a little below the knee, on the same side which the pain invests; he cauterises the very part under which the Ischiadic Nerve runs subcutaneous to the head of the Fibula, and lays open the Vaginæ in a proper place? *Adrianus Spigelius*, though he sets out upon a false hypothesis, has yet turned it to a happy purpose, and found out full as proper and clever a part for the cautey: as he makes the seat of the Sciatica to be (with *Hippocrates*) in the crural veins (5); he advises an issue to be made between the parts where the gastrocnemius muscle rises, where the

* Consult. Med. 43.

Vena poplitæa descends *. *Scultetus* himself experienced the happy efficacy of this method of cure ; for after he had tried various remedies to no purpose, he was not only cured of the Sciatica for the present, by means of this issue, but for a number of years he never had any return of it. Therefore he did not hesitate to affirm, that, *ubi tam interna quam externa remedia sine successu in hoc fuerint morbo usurpata, tanquam ad sacram anchoram ad fonticulum in hac sede excitandum confugiendum esse* † : Where external, as well as internal remedies, have been tried in this disorder without success, we must have recourse to an issue, which is to be opened in that particular part, as the anchor of hope. *Johannes Rhodius*, after him, approved of the same method ‡. Now, who does not see, that this issue was not beneficial, because it was near the vein, which is by no means the seat of the disorder ; but be-

* De human corp. fab. lib. 5, cap. 9.

† Armament Chirurg. tab. 54, p. 195.

‡ Observat. med. can. 3, obser. 88.

cause it was near the Ischiadic Nerve, which runs along the leg.

52. These observations, which I collected from the works of famous writers, first gave me the hint of the method of curing the Posterior Nervous Sciatica, and seemed to lay a foundation for me to build on; and it is not easy for me to express what great hopes I conceived from thence, of blisters doing wonders when applied to the subcutaneous parts of the Ischiadic Nerve. For this method which I adopted, now, appeared not to be a bold one, nor entirely new, as some eminent Physicians had left such remarks and tokens to follow. Nothing therefore remained, to make me hesitate any longer; but I was resolved to prove, experimentally, whether or no the hopes I had conceived were fallacious. This was very easy to be done, as I very frequently met with men who were troubled with this Sciatica. At first, therefore, I tried what effect a blister would have, applied to the head of the Fibula,

so as to cover the whole subcutaneous part of the nerve of that spot. For as the pain in the Nervous Sciatica is felt in a much greater degree from the hip to the Fibula, than from the Fibula to the foot, I began to think that there must also be a greater quantity of acrid matter in the Vaginæ of the nerve, from the hip to the Fibula: but if I should attempt to evacuate it, by applying a blister to the bottom of the Tibia, and back of the foot, there was some reason to fear that the length of the way, and the narrowness of the nervous Vaginæ in those parts, would hinder the descent of the matter, and its evacuation. I therefore ordered a man, about forty years of age, who had been troubled with the Nervous Sciatica for four months and upwards, to apply a blister, after the following method, to the head of the Fibula.—I ordered the paste to be prepared after the common method, about six fingers breadth in length, and four in breadth, in a plane form. This was applied, cross-ways, to the head of the
Fibula,

Fibula*, so that the middle of the plaister covered it entirely, and stretched above and below it, but chiefly below : so that here the extremity of the one longitudinal end of the plaister ascended to the knee, and the other descended to the Tibia. The blister was made firm with a bandage. In about four hours time the patient began to feel a most painful sensation under the blister, and the pain of the hip seemed abated by it. However, it may be doubted whether this mitigation of the pain in the hip was owing to the blister, in that it began to draw the peccant matter from the Vaginæ of the nerve ; or to another cause : as the more severe pain of the blister might take off the attention from the less violent pain of the hip, and so cause it to seem to be alleviated. In fourteen hours time the blister had raised a very large bladder ; this bladder was cut open, and voided almost four ounces of very yellow serum. We be-

* Vide Icon adject.

gan to heal the sore after the usual method, with fresh butter; it weeped for the space of nine days. A very excellent symptom appeared the first day; for the patient could stand better on his leg, and spent the night more free from pain: and as he was kept in bed during the time of the cure, to my great satisfaction, he told me the third day that he did not feel any pain about the Os sacrum, and great Trochanter; but found that it had left the upper parts, and was descending gradually towards the sore of the blister. On the seventh day the pain was only felt about the sore, and the thigh was entirely free from it. This descent of the pain seemed to me to prove, clearly, that the dropsy of the Vaginæ of the Ischiadic Nerve was gradually making its way through the sore of the blister; so that, as the acrid matter descended from above to the sore, it left, by little and little, the higher parts of the nerve free from irritation, till it was entirely evacuated, and the pain vanished with it.

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On the ninth day the pain from the Fibula to the back of the foot was almost entirely gone, and about that time the sore healed of itself; which, as I imagine, was owing to this circumstance—that by the leg's lying in an horizontal position, the humour of the Vaginæ descended equally from the hip to the Fibula, as from the Fibula to the foot, and was evacuated at one and the same place. From that time my patient was entirely freed from his disorder, and from all pain.

52. How many experiments I have made with the same success, besides this one I have mentioned, my auditors well remember; if I should mention them I am afraid I should be thought to be an empty boaster. However, I cannot pass over in silence some observations which I formed on such a number of examples. In the first place, I have known the serum, when collected by means of the blister, to be so sharp as to cause an intol-

rable sensation of heat to the patient, and sometimes even to eat through the bladder, and flow out. I knew a young man of about six-and-twenty, who was cruelly tortured with this Sciatica, and who had a large bladder, which was raised by a blister at the head of the Fibula, burst of itself. The serum, which flowed from it, in streaming down the leg, excoriated widely every part that it touched. This, certainly, (or I am much mistaken) affords a pretty clear proof that the matter which causes the pain of the Sciatica is of a sharp acrid nature. There were very few cases which did not distinctly point out the gradual descent of that origin of pain towards the knee: I scarcely remember above one or two, amongst all the number of examples with which I am furnished. Where the Posterior Nervous Sciatica was of long standing, it even sometimes happened that the bladder of the blister voided a very thick serum like glue: upon which evacuation the old Sciatica generally took its leave of the patient:

patient: so that, in patients of this sort, if this viscous fizy humour was voided by means of the first blister, the disorder vanished at the same time; but if not, and the sore of the first blister is healed up, we must repeat the application of it, till all the glutinous matter is entirely drawn off. I know many cases where it was even necessary to clap on the third blister. I will relate one or two instances of this kind. There was a soldier, about six-and-fifty years of age, who was seized in the month of September with a violent pain, of which, as he affirmed, he knew not the cause. The pain extended from the Os sacrum, by the posterior part of the great Trochanter of the thigh, by the knee, the fore part of the leg, and of the outermost angle, to the back of the foot. A large blister was applied to that part where the thigh joins to the hip, where he felt the greatest pain: but although the sore of the blister weeped a long time, the pain still remained as bad as ever. As a blister had no effect, the part
was

was burnt pretty deep with a hot iron; but notwithstanding this sore also weeped, the pain still remained after it was healed up. At last he was compleatly salivated; but although the salivation was kept up for some time, the pain was not lessened. After all this, and after he had now had the disorder eleven months upon him, he came to our hospital, and was put under my care. As his belly was sufficiently lax, and the powers of life not very vigorous, we spared both laxatives and phlebotomy. I ordered, therefore, a blister to be applied immediately to the head of the Fibula. This raised a very considerable bladder, which breaking of itself, voided a considerable quantity of fluid serum: however, a great deal that was viscous and coagulated was left behind, inside the dead skin; this I opened and took out. The humour which afterwards flowed out was so viscous, that it glued together the bandages which bound the blister, and stuck very firm to the adjacent skin. About the ninth day the
fore

fore was healed up, and my patient found himself perfectly cured of his disorder.

—Another man, about four-and-thirty years of age, was seized, without any evident cause preceding, in the month of February, with a pain in the left hip. The pain followed the same track as it does in the Posterior Nervous Sciatica. After having tried such a multitude of remedies, that he could scarce remember all of them, he was advised by many Physicians to undergo a compleat salivation. The patient followed the advice, and was highly salivated for five-and-twenty days: however, strange as it was, the pain still remained; though certainly it was in some measure checked, as it was not so violent at nights as before. The patient, tired of his disorder, and fruitless method of cure, was brought, about the beginning of August, to our hospital, and entrusted to my care. The first day I ordered him a drachm of the powder of *Sarsa solutiva*, together with eight grains of *Mercurius dulcis*. This gave him four stools. The
next

next day I clapt on a blister to the head of the Fibula. On the third day the blister had raised a considerable bladder, which, when cut, voided a very yellow thin serum: the pain abated that day. On the eighth day, when the sore healed, the pain was so considerably alleviated, that he scarcely felt any remains of it in the day-time, though he had some slight touches of it at night. I therefore applied another blister on the same part: this also raised a large bladder, and the matter which flowed from it appeared to be like strong isinglass water: the pain was now found to be still more abated. In eight days time this other sore closed up, but the pain was not entirely subdued. I then applied a third blister over the part: this excited a bladder which contained near three ounces of a very mucous lymph. The third day after this application, the pain was felt no more.

53. These, and other examples similar to what I have produced, proved to me
clearly,

clearly, that, to effect the cure of the Posterior Nervous Sciatica, it is absolutely necessary to draw out that glutinous tenacious humour, which has perhaps acquired that *Lentor*, by lying long in the Vaginæ of the Ischiadic Nerve. I imagined that this glutinous nature rather belonged to the morbid humour which invests the Vaginæ from the hip to the Fibula, than to that which occupies the same Vaginæ towards the foot; for the things that contribute to render this part of the morbid matter, in the long-standing Nervous Sciatica, more fluid, and thin, are, that a great part of the nerve, from the Fibula to the foot, runs under the muscles of the leg, which, in some measure, hinders the humour from stagnating, and acquiring a *Lentor*; so that it is very easy, by means of the fore at the Fibula, to eradicate entirely the pain that invades the leg down to the foot. The vanishing of the pain so soon from this part, proves clearly that the matter of the Tibial Nerve is so thin and fluid, that it is able to ascend
and

and evacuate itself at the fore, which is raised above, at the head of the Fibula. However, I will ingenuously confess, that I have met with some cases where, notwithstanding the pain from the hip to the Fibula was entirely conquered, and the fore healed up, the pain from the Fibula to the foot still remained. When this happens to be the case, I generally either apply a blister transversely toward the outside, on the lower front of the Tibia; and with very good success: or apply one equally as successful transversely, even on the upper part of the back of the foot. I had some time ago a great opinion of a blister when applied to the back of the foot, and thought it would draw out all the humour that invested the Vaginæ above, from the lower parts: but I have learnt, by constant experience, that the operation of a blister is no where so painful as here, nor so long in healing on any other part. I have known the patient feel the most troublesome sensations all the time the blister was operating; and when
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the fore was formed, not to be able to walk; which was owing, not so much to the remains of the pain in the Ischiadic Nerve (which was generally conquered) as to the troublesome anguish of the fore. Therefore as a blister operates full as successfully, and less painfully, when applied to the lower front of the Tibia; I do not see why I should apply it for the future on the back of the foot.

54. I have now given a full account of all the observations I have made on the cure of the Nervous Sciatica, and hope, if I have not been much deceived, that such as are willing to try those experiments will reap great advantage from them. But I would advise those who would make themselves masters of the things relative to the cure, to consult those two excellent Anatomical Plates of *Eustachius*, the 20th and 19th, that they may learn from them, in the first place, the descent or track of the Ischiadic Nerve; and by comparing the 19th, with the Plate affixed to the end
of

of this book, understand more clearly to what part of the nerve the blister belongs, when it is applied to either of the places I have marked out. I have oftentimes been willing to try what effect a hot iron would have on those parts, instead of a blister; for I had formerly a very great notion, that the power of fire, which is so much recommended by the antients, might draw out the matter which invests the Vaginæ of the Ischiadic Nerve sooner than a blister; for the stimulus of fire is more active and quick in its operation. There was a report some time ago current in Lucania, and not without foundation, that a certain Quack cured this Sciatica by touching the fore part of the leg, four fingers breadth above the exterior ancle, with a hot iron. I saw presently on what these cures depended; as under the part which he burnt, lay the subcutaneous seat of the Ischiadic Nerve. But hitherto my patients have been so much afraid of fire, as they had in general been burnt by others, before, in the thigh, without success;

success, and as they thought a blister a far less painful method of cure; that I had never an opportunity of making this experiment. As I have all along found the application of a blister answer so successfully, I thought it partly a kind of crime, for the sake of only making an experiment, to use such a rough remedy as fire; and in some measure judged the operation of a blister to be more certain and efficacious. For, notwithstanding the stimulus of fire is more active and quick in its operation, and seems to have the power of drawing out the matter from the Vaginæ of the nerve; yet, as the fire forms an Eschar on the part which it touches, it may hinder, for a long time, the exit of the matter so drawn. Besides, if the humour which is to be drawn out is fizy, as in a Sciatica of long standing, the skin, when burnt, and wrinkled up, may not be so properly adapted for excretion: so that the actual Cautey seems rather more proper for a new, than an old Sciatica. But I do not see we

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have

have any occasion to make use of it in a new Sciatica, as it is easily cured by a blister; and as there is some reason to fear, that, if it be unskilfully or incautiously applied, instead of only exulcerating the skin, it may touch the nerve underneath, and burn it. But whoever chuses rather to make use of the actual Cautery, the safest place to apply it will be the front of the Tibia, which I have pointed out.

55. But, however, I must confess, that the operation of a blister is certainly, of all other parts, the most painful, when applied to the subcutaneous seats of the Ischiadic Nerve: but the more painful it is, the greater reason, I think, we have to expect it to be successful. The case is similar when the Cubital Nerve is invaded with the pain; for I have known a blister applied to the painful part, according to the length of the arm, cure those obstinate tortures. I have already five instances of this kind. Whilst the blister is rising, the
pain

pain is very confiderable; but after all the humour is evacuated which invested the Vaginæ of the Ifchiadic Nerve, the pain entirely vanifhes. I imagine that, during the Sciatica, the flime of the Vaginæ consolidates between the cellular Laminæ, and by that means encreafes the thicknefs of the Vaginæ; they are therefore rendered ftronger, and lefs liable to fuffer again from the Sciatica: but this Sciatica is, in other refpects, very apt to return. Although I never yet met with an inftance myfelf of the Sciatica's returning after I had cured it by a blister.

56. The Semi-palfy is the laft ftage of the Posterior Nervous Sciatica; and the following are the obfervations I have made upon it. When the diforder is only attended with a pain, and that pain is cured by a blister, the leg regains its former ftrength. If the pain had gradually abated, and an emaciation and torpor of the leg remain behind; I have found frictions here to be the only remedy. I

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therefore

therefore order the exterior and posterior part of the thigh, where the Ischiadic Nerve runs, to be rubbed all along, every morning, with rough linen cloths; and after the friction, to bastinado the sole of the foot with leather thongs. This is to be repeated for some time. The patients have also found benefit from drinking a decoction of Guaiacum in the evening. By following this method, I never knew a very obstinate Macies cured; but have found that the muscles of the leg have gained a little strength by it.

57. Now, as I have made these observations on the Posterior Nervous Sciatica, (which is by far the most common disorder of the two) it remains that I say something of the Anterior (which is not so common, and less troublesome.) This Sciatica attacks the Crural Nerve, and the pain evidently follows its track: it is generated by the acrid matter which has insinuated itself into the Vaginæ, and which has the same origin as that of the

Ischiadic Nerve. As the Crural Nerve is surrounded on all sides with muscles, and its Vaginæ are, as it were, exercised by their alternate pressure, the matter is prevented from stagnating, and the disorder consequently of shorter continuance. I have often known this Sciatica exacerbate at night; and have known it intermit. Like the Posterior, it has been found to be of longer continuance, and to grow more severe in warm weather, or by warm applications; and to be more gentle in the day-time, in serene or cold weather. It has often arisen by a man's receiving a violent fall on either side; of which a man of sixty is an instance, who got both the Posterior and Anterior Sciatica by a fall. I never make use of caustics in curing this Sciatica, for it is always conquered by bleeding, as you see occasion, in the hæmorrhoidal veins, or the foot; and then by loosening the belly in the morning with common clysters. If I have any suspicion of a venereal taint, I always make use of those remedies which

I have already mentioned, at (44), in the evening; if not, I recommend gentle frictions, or riding (41), to dissipate the humours. Here, as well as in the Posterior Sciatica, if the patient would rest comfortably, he should not lie on a woollen bed, but on a straw or hair mattress. By lying in this manner, I have known the nocturnal pains of this disorder, as also those of the Rheumatism and Arthritis, abate considerably, and the patient sleep more easily and comfortably.

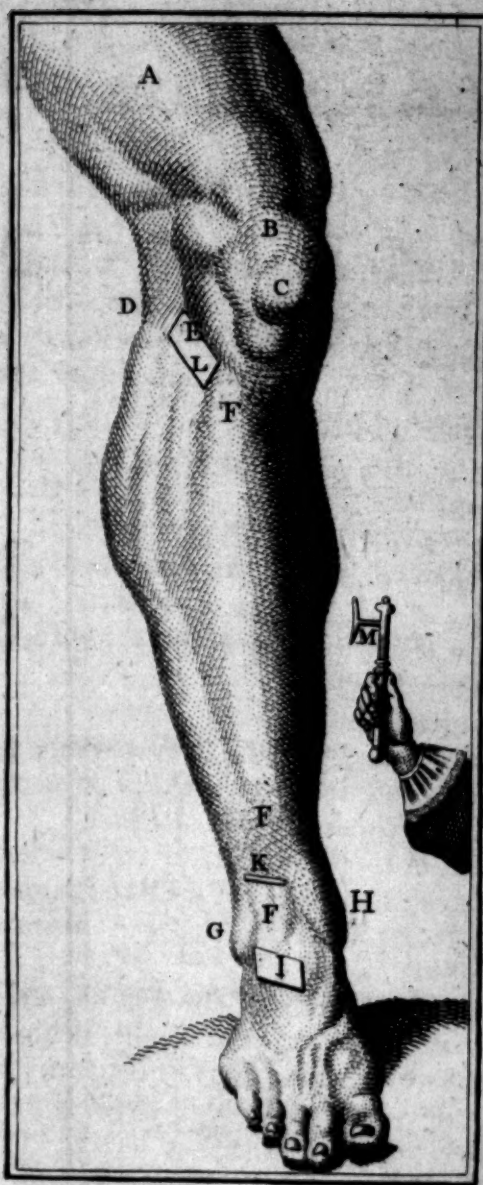
Such are the observations, illustrious *Swieten!* on the Nervous Sciatica, which I have addressed to you; where, in respect to the greatness of the subject, I may, perhaps, appear to have been inelegantly and lamely concise; but in respect to the difficulty of treating a matter entirely new (which would not be an easy work for men of the brightest genius, much less so for me, who have no abilities to boast) I may seem to have said more than
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enough. In this untrodden and unbeaten path, I have walked without a guide or companion. At my own peril I was to penetrate these unknown regions, and travel boldly to draw out truth from obscurity. I hope those learned men, whose understandings are better supplied than mine, with assistance to undergo this toil, will make up the deficiencies of these remarks, which are certainly not few; and will illustrate such things as I have not sufficiently explained. I shall look upon myself as amply recompensed, if what I have here offered should incite men of abilities to give the public their own observations. This, illustrious *Swieten!* I think, is chiefly to be expected from you, when you finish what I impatiently expect, your immortal Commentaries on Boerhaave.

A N
E X P L A N A T I O N
 O F T H E
FIGURES OF THE PLATE.

THE Plate represents part of the Thigh, with the Leg and Foot, in order to mark out the places where the blister is to be applied, that it may be on the principal subcutaneous parts of the Ischiadic Nerve.

- A, Part of the Thigh to the Knee.
- B, The Knee.
- C, The seat of the Rotula.
- D, The Poples, or Ham.
- E, The head of the Fibula.
- F F F, The anterior spine of the Tibia.
- G, The external Ankle.
- H, The internal Ankle.
- I, The part on the back of the foot where the extremity of the Crural portion of the Ischiadic Nerve runs subcutaneous.
- K, The seat, in the lower part of the front of the Tibia, where the same Crural portion descends subcutaneous, just as it emerges from the muscles.
- L, The seat at the head of the Fibula, under which a Crural portion of the Ischiadic Nerve turns subcutaneous to the fore part of the leg, just as it separates from the trunk.
- M, The Iron instrument, when the part K is to be burnt.





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